

OPTIONS
for HIV

2018

An HIV/AIDS Resource Directory for
Sacramento, Yolo, Placer and El Dorado
Counties.

Updated 4.16.18

Sacramento County Department of Health and Human Services

Sherry Z. Heller, Ed.D, Director
Olivia Kasirye, MD, County Health Officer

**Public Health Promotion and Education Division
HIV/Communicable Disease Prevention Program**

Kyle Lafferty MST, MPH, CHES, HIV/STD Health Program Coordinator

Gail Brosnan, MPH, Health Educator

Ryan White CARE Program

Adrienne Rogers, Senior Health Program Coordinator
Paula Gammell, MPA, Human Services Program Planner

A special THANK YOU to the members of the HIV Health Services Planning Council's (HHSPC) Prevention Committee for their hard work and dedication to updating OPTIONS for HIV.

Gail Brosnan, Sacramento County HIV/STD Prevention Program
Paula Gammell, Sacramento County Ryan White CARE Program
Susan Farrington, Sierra Foothills AIDS Foundation
Mahara Leong, Strategies for Change
Melinda Ruger, Harm Reduction Services

General Assistance Information

AIDS Drugs Assistance Program (ADAP)

El Dorado	Sierra Foothills AIDS Foundation	530-622-1923
Placer	Sierra Foothills AIDS Foundation	530-889-2437
Sacramento	One Community Health	916-914-3299
	Gender Health Center	916-914-3299
Yolo	CommuniCare Health Center	916-403-2990 x1710

Sacramento Kaiser Permanente Members Only:

Alternative Testing Site (ATS)

Anonymous HIV Testing

Sacramento – By Appointment Only 916-874-7720

Medical Transportation

If you are insured with Medi-Cal, the following agencies may be able to assist you with medical transportation.

A – Z Medical Transportation	888-611-3380
MedStar	916-669-0550
Rapid Response Medical Transportation	916-419-1232
Safe Medical Transportation	916-961-5835

Partner Services

Sacramento:

County of Sacramento	916-875-1100
One Community Health	916-914-6325

El Dorado and Placer Counties:

Sierra Foothills AIDS Foundation	530-889-2437
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Yolo County

CommuniCare Health Center	530-666-8670
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Community Based Organizations

Service Area Guide

S = Sacramento

E = El Dorado County

P = Placer County

Y = Yolo County

Call 2-1-1

Website: www.211sacramento.org
Phone: 2-1-1 or 800-500-4931 or 916-498-1000
Hours Of Operation: 24 hours a day, seven days a week
Services: Referral information for Housing Information, Financial Assistance, Food Program, Health Care Services, Employment and Training, Children Services, Senior Services and more.
Address:
Service Area: S

Colonia San Martin

Website: www.mercyhousing.org
Phone: 916-392-5291
Hours Of Operation:
Services: HIV/AIDS housing.
Address: 7271 Florin Mall Dr., Sacramento, CA 95823
Service Area: S

CommuniCare Health Center

Website: <https://www.communicarehc.org/>
Phone: 916-403-2990 x1710
Hours Of Operation: Call for appointment
Services: HIV/AIDS Medical Case Management, Medical Transportation, Health Insurance Premium and Cost Sharing Assistance, Emergency Financial Assistance, Oral Health Care, Housing Services, Food Bank, ADAP.
Address: 500B Jefferson Blvd, West Sacramento, CA 95605
Service Area: Y

El Hogar Community Services Inc.

Website: www.elhogarinc.org

Phone: Administration 916-441-0226
Regional Support Team 916-441-3819
Guest House Homeless Clinic 916-440-1500
Sierra Elder Wellness Program 916-363-1553
SeniorLink 916-369-7872
Personal Growth Associates

Fax: 916-441-0286

Hours Of Operation: Office: Monday thru Friday 8 a.m. – 5 p.m.

Services:

- Guest House Homeless Clinic including outpatient medication and mental health support;
- Regional Support Team, assist adults work through the addiction and/or mental health challenges affecting daily living;
- Sierra Elder Wellness Program provides field-based mental health services for those ages 55 and over;
- SeniorLink provides mental health support services to adults age 55 and over; and,
- Personal Growth Associates provides behavioral health counseling and psychiatric services to all ages.

Address: Administration: 3780 Rosin Ct, Suite 110, Sacramento, CA 95834

Service Area: S

Elk Grove Food Bank Services

Alternate Name: Elk Grove Food Closet

Website: www.elkgrovefoodbank.org/

Phone: 916-685-8453 Main

Fax: 916-714-9931

Hours Of Operation: Client services:

- Monday through Friday 10 a.m. - 2 p.m.
- Saturday 9 am to 12 pm
- Summer food distribution hours close at 12:30 if 105 degrees or higher

Services: Food, clothing, and other services to people in the Elk Grove area.

Address: 9820 Dino Drive, Suite 140, Elk Grove, CA 95624

Service Area: S (Select zip codes. Call to verify.)

Food Bank of El Dorado County

Website: www.foodbankedc.org

Phone: 530-621-9950

Hours Of Operation: Based on location. Please call.

Services: USDA Emergency Food Assistance Program, Homebound Delivery, No Vet Goes Hungry Program, Free Farmer's Market, Mobile Pantry, Holiday Outreach.

Address: 4550 Business Drive, Cameron Park, CA 95682

Service Area: E (Partners with various agencies.)

Gender Health Center

Website: www.thegenderhealthcenter.org
Phone: 916-445-2391
Fax: 916-455-2393
Hours Of Operation: Office: Monday – Friday 10 a.m. – 5 p.m.
Counseling: Monday – Friday 9 a.m. – 9 p.m. (Evening hours vary)
Services: Counseling, Advocacy, Respite, Name and Gender Change Assistance, Hormone Clinic, Legal Health Clinic, Employment, Covered CA Assistance, AIDS Drug Assistance Program Enrollment Site.
Address: 2020 29th Street, Suite 201, Sacramento, CA 95817
Service Area: S

Golden Rule Services

Website: www.goldenrulesacramento.org
Phone: 916-427-4653
Fax: 916-427-4655
Hours Of Operation: Monday – Friday 9 a.m. – 5 p.m.
Services: GRS provides HIV/AIDS, STD and Hepatitis C education and prevention services including, Rapid HIV antibody testing, STD screening, Hepatitis C screening, Needle exchange and other harm reduction services, Online and street based HIV outreach and prevention services, Multi-session, group-level HIV education and risk reduction interventions, individual-level HIV risk reduction peer counseling, PEP and Pre-PEP referral services, Transportation to intake services for newly diagnosed individuals, Partner Services (PS), Support groups for young adults.
Address: 4433 Florin Road, Suite 860, Sacramento, CA 95823
Service Area: S

Harm Reduction Services

Website: harmreductionservices.org
Phone: 916-456-4849
Fax: 916-456-2196
Hours Of Operation: Monday through Friday, noon – 6 pm
Services: Disease prevention/health promotion through various harm reduction based services including syringe exchange, overdose rescue training and Narcan distribution, HIV and Hep C testing, condom and lube distribution, youth STI testing, and a Free Medical Clinic for high risk communities. Services are available onsite and through outreach. Case management and Linkage to Care for HIV+ individuals.
Address: 2800 Stockton Boulevard, Sacramento, CA 95817
Basic Medical Clinic: 3647 40th Street, Sacramento, CA 95817
12 p.m. – 5 p.m. Meets most Saturdays. Sign-ups at 12 p.m.
Service Area: S

Legal Services of Northern California

Auburn Office 530-823-7560

Serving the following counties: Amador, Calaveras, El Dorado, Nevada, Placer, Sierra

Services: Housing and public benefits. We also offer weekly self-help clinics for help with family law matters, temporary restraining orders, and other civil matters at various locations. Check with the office or local court for the location and schedule.

Sacramento Office 916-551-2150

Services: Housing, public benefits, including CalWorks, CalFresh (food stamps), Medi-Cal, General Assistance (GA), Social Security, SSI, unemployment benefits (UIB), and state disability insurance (SDI).

Woodland Office 530-662-1065 or 916-447-5798

Serving: Yolo County

Services: Housing, public benefits, health, education, consumer, guardianship clinics, small claims, small estates, elder abuse restraining orders, unemployment insurance, Social Security, Veteran's benefits, powers of attorney, advance health care directives, and simple statutory wills. This office also operates [SeniorLink - Yolo County](http://www.seniorlink.org) (530-207-4250), an information and assistance line for older adults and persons caring for older adults.

Loaves and Fishes

Website: www.sacloaves.org

Phone: 916-446-0874

Fax: 916-446-0875

Hours Of Operation: Contact agency

Services: Advocacy; Animal Emergency Services; Dining Room; Friendship Park; mental health services; daytime homeless women and children's shelter; library, Mustard Seed School; Sister Nora's Place providing long-term overnight shelter for chronically homeless, mentally ill women; food bank; and, wash house. Affiliates provide various support services.

Address: Street Address: 1351 North C St., Sacramento, CA 95811

Mailing: PO Box 13495, Sacramento, CA 95813

Service Area: S

One Community Health:

One Community Health has two locations: Midtown and Arden-Arcade

One Community Health - Midtown Campus

1500 21st Street, Sacramento, CA 95811

Alternate Name: previously known as Center for AIDS Research, Education & Services and/or Cares Community Health

Website: www.onecommunityhealth.com

Phone: 916-443-3299 Main

Phone: 916-443-3299 Medical Appointments

Fax: 916-325-1980

Hours Of Operation: Patient Services:
Monday - Thursday 8 am – 7 pm
Friday 8 am – 6 pm
Saturday 9 am – 5 pm

Behavioral Health Services:
Monday - Thursday 8 am – 7 pm
Friday 8 am – 6 pm
Saturday 9 am – 5 pm

Medical Clinic:
Monday - Thursday 8 am – 7 pm
Friday 8 am – 6 pm
Saturday 9 am – 5 pm

Lab Hours:
Monday – Friday 7:30 am – 6:30 pm
Saturday 8:30 am – 5:30 pm
Closed for lunch from 12 pm – 12:30 pm

Dental Clinic:
Monday - Thursday 8 am – 7 pm
Friday 8 am – 6 pm
Saturday 9 am – 5 pm

Pharmacy: Monday through Friday: 9 a.m. – 6 p.m.

HIV/STD Testing Services:
Monday through Thursday 8 am – 7 pm
Friday 8 am – 6 pm
Saturday 9 am – 5 pm

Services: Comprehensive health care services for the Sacramento Region.

Service Area: S, P, E, Y

**One Community Health - Arden-Arcade Campus
1442 Ethan Way, Suite 100, Sacramento, CA 95825**

Website: www.onecommunityhealth.com
Phone: 916-443-3299 Main
Phone: 916-443-3299 Medical Appointments
Fax: 916-325-1980
Hours Of Operation: Patient Services:
Monday, Wednesday, Friday 8 am – 2 pm
Tuesday, Thursday 12 pm – 6 pm
Medical Clinic:
Monday, Wednesday, Friday 8 am – 2 pm
Tuesday, Thursday 12 pm – 6 pm
HIV/STD Testing Services:
Monday through Thursday 8 am – 7 pm
Friday 8 am – 6 pm
Saturday 9 am – 5 pm
Services: Primary care medical services, women’s health, podiatry, pediatric care, eligibility/health insurance assistance and limited lab services are available at this time.
Service Area: S, P, E, Y

Open Arms

Website: www.voa-sac.org
Phone: 916-265-3400
Hours of Operation Contact Agency
Services: Transitional Housing
Address: Administration: 530 Bercut, Sacramento, CA 95811
Service Area: S

Placer Food Bank

Website: www.placerfoodbank.org
Phone: 916-783-0481
Hours Of Operation: Based on location. Please call.
Services: CalFresh, Feed Our Future, Placer Community Gardens, Healthy Plates Healthy Families
Address: 8284 Industrial Avenue, Roseville, CA 95678
Service Area: P, E (Partners with various agencies in both counties and Nevada County. Contact for closet services.)

Planned Parenthood Mar Monte

Website: www.ppmarmonte.org
Phone: 916-325-1700
Fax: 916-446-2994 or 877-855-7526
Hours Of Operation: Monday through Friday 9 am - 5 pm
Services: Providing services at 36 health centers throughout mid-California and Northern Nevada. Provides a range of reproductive and general health services including birth control, pregnancy testing and options counseling, STD testing and treatment, HIV testing, breast and cervical cancer screening, abortion, prenatal care, pediatrics, transgender hormone services and adult primary health care.
Address: 201 29th Street, Suite A, Sacramento, CA 95816
Service Area: S, P, Y

River City Food Bank

Website: www.rivercityfoodbank.org
Phone: 916-446-2627
Hours Of Operation: Monday through Friday 11:30 a.m. to 3 p.m.
Services: Food assistance, CalFresh Outreach, Nutritional classes, BackSnacks, HIV Support.
Address: 201 29th Street, Suite A, Sacramento, CA 95816
Service Area: S

Sacramento County Adult Mental Health Access Team

Website:
Phone: 916-875-1055
Hours Of Operation: Monday through Friday 8 a.m. – 5 p.m.
Services: Mental Health services for adults including phone screening, assessment, and linkage and referral information.
Address:
Service Area: S

Sacramento County Primary Health Services

Website: www.sacdhhs.com
Phone: 916-875-5701 Main
Hours Of Operation: Monday through Friday 8 am - 5 pm
Services: Administrative agency which operates primary care and public health clinics.
Address: 7001-A East Parkway, Suite 550, Sacramento, CA 95823
Service Area: S

Sacramento County Public Health Division

Website: www.scph.com
Phone: 916-875-5881 Main
Fax: 916-875-5888
Hours Of Operation: Monday through Friday 8 am - 5 pm
Services: The Sacramento County Public Health Division operates and manages numerous programs designed to protect the health and well-being of all Sacramento County residents.
Address: 7001-A East Parkway, Suite 600, Sacramento, CA 95823
Service Area: S

Sacramento Food Bank

Website: www.sacramentofoodbank.org
Oak Park
Phone: **Family Services Campus**
916-456-1980
Fax: 916-451-5920
Admin Hours: Monday through Thursday 8:30 a.m. to 4 p.m.
Friday 8:30 a.m. to 3:30 p.m.
Services: Food, clothing, education , immigration legal services, refugee settlement services, SMUD Energyhelp.
Address: 3333 Third Avenue, Sacramento, CA 95817
North Sacramento
Phone: **Food Bank Services Campus**
916-925-3240
Fax: 916-921-5486
Admin Hours: Monday – Friday 7:30 a.m. – 4 p.m..
Services: Food, clothing, education
Address: 1951 Bell Ave Sacramento CA 95838
Service Area: S

Sacramento LGBT Community Center

Alternate Name: The Lambda Center, Sacramento Gay & Lesbian Center
Website: www.saccenter.org
Phone: 916-442-0185 Main, Health Program x109
Fax: 916-325-1840
Hours Of Operation: Monday through Saturday noon - 6 pm
Services: The Sacramento LGBT Community Center serves a wide range of clients with various services. Please contact the agency for more information.
Address: 1927 L Street, Sacramento, CA 95811
Service Area: S

Sacramento Native American Health Center (SNAHC)

Website: www.snahc.org
Phone: 916-341-0575 Appointments
Fax: 916-341-0574
Hours Of Operation: Monday through Saturday 7:30 a.m. – 5 p.m.
Services: Medical, dental, mental health services, substance abuse services, risk reduction counseling, case management, anger management, parenting groups, 12-step recovery, nutrition services, vision, and home visitation services.
Address: 2020 J Street, Sacramento, CA 95811
Service Area: S

Sierra Foothills AIDS Foundation - El Dorado County

Website: www.sierrafoothillsaids.org
Phone: 530-622-1923
Fax: 530-344-0685
Hours Of Operation: Monday thru Thursday – Contact Agency for Hours
Services: Case management, benefits counseling, referral services, emergency financial assistance, group counseling, ADAP, HOPWA, outreach, food closet for clients, HIV testing, Inmate Intervention Program.
Physical Address: 550 Pleasant Valley Road Suite 1F, Diamond Springs, CA 95619
Mailing Address: 550 Main St., Suite 1F, Diamond Springs, CA 95619
Service Area: E

Sierra Foothills AIDS Foundation - Placer County

Website: www.sierrafoothillsaids.org
Phone: 530-889-2437
Fax: 530-889-2443
Hours Of Operation: Monday thru Thursday 9 a.m. to 5 p.m.
Services: Case management, benefits counseling, referral services, emergency financial assistance, group counseling, ADAP, HOPWA, outreach, food closet for clients, HIV testing, Inmate Intervention Program.
Address: 12183 Locksley Lane, Suite 208, Auburn, CA 95602
Service Area: P

St. John's Shelter

Website: www.saintjohnsprogram.org
Phone: 916-453-1482
Services: Shelter for Women and Children which includes mental health and support services, career education, employment training and respite services.
Service Area: S

Strategies for Change (WellSpace Health dba Strategies for Change)

Website: www.strategies4change.org
Phone: 916-395-3552
Fax: 916-395-3683
Hours Of Operation: Monday, Tuesday, Thursday: 9 a.m. – 7:45 p.m.
Wednesday and Friday: 9 a.m. – 6 p.m.
Services: HIV case management and substance abuse outpatient services, drug testing, substance abuse and mental health treatment, youth services, family services, educational classes, criminal justice programs, community support groups and auxiliary services.
Service Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Service Area: S

Sunburst Projects

Website: www.sunburstprojects.org
Phone: 916-440-0889 Main
Fax: 916-440-1208
Hours Of Operation: Monday through Thursday 8 am - 4 pm
Services: HIV/AIDS support services for women, children, and families.
Address: 2143 Hurley Way, Suite 240, Sacramento, CA 95825
Mailing Address: United States
Service Area: S

TLCS

Website: www.tlcssac.org
Phone: 916-441-0123 Main
Fax: 916-441-6893
Hours Of Operation: Call to verify
Services: Transitional housing, Mental Health Crisis Respite Center, case management, psychiatry, advocacy, employment support, substance abuse services.
Admin Address: 650 Howe Ave, Building 400-A, Sacramento, CA 95825
Service Area: S

Volunteers of America - Northern California and Northern Nevada

Alternate Name: VOA
Website: www.voa-ncnn.org/sacramento
Phone: 916-265-3400
Fax: 916-442-1861
Hours Of Operation: Call for more information
Services: Affordable Housing, Child and Youth Services, Community Re-Entry Programs, homeless Services and Shelters, Mental Health Support Services, Permanent Supportive Housing, Senior Services, Transitional Housing, Treatment and Recovery Services, and Veterans Services.
Address: 3434 Marconi Ave, Sacramento, CA 95821
Service Area: S, P (Depending on service need.)

WEAVE

Website: www.weaveinc.org
Phone: Support Line: 916-920-2952
Hours Of Operation: Triage Assessment Hours:
Midtown

- English Speaking: Tuesday and Thursday 12 p.m. – 2 p.m.; and, Wed: 5 p.m. – 7 p.m.
- Spanish Speaking: Thursday 12 p.m. – 2 p.m.

South

- English and Spanish: Monday 10 a.m. – 12 p.m.

Services: Services for women, men, teens and children who are survivors of domestic violence and sexual assault. Services including, 24-hour support and information line, sexual assault counseling, domestic violence counseling, prevention and education, emergency response and a confidential Safehouse program, assistance with restraining orders and move out orders.
Address: Midtown – 1900 K Street, 2nd Floor, Sacramento, CA 95811
South – 7600 Hospital Drive, Suite I, Sacramento, CA 95823
Service Area: S

WellSpace Health

Website: www.wellspacehealth.org
Phone: 916-325-5556 Main Administrative office
Phone: 916-737-5555 Appointments
Fax: 916-444-5620
Hours Of Operation: Hours vary based on location and service.
Services: Improves the well-being of our community, families, and individuals by providing health, substance abuse detox services, mental health addiction treatment, and social services.
Address: 1820 J Street, Sacramento, CA 95811
Service Area: S, P

Wind Youth Services

Website: www.windyouth.org
Phone: Administrative 916-504-3313
Fax: 916-369-5389
Phone: Wind Youth Services Drop-In Center 916-561-4900
Phone: Emergency Shelter 800-339-7177
Phone: 800-339-7177 Youth 24 Hour Hotline
Hours Of Operation: Monday through Friday 9 am - 5 pm
Services: Safe place for youth and transition aged youth, ages 12 - 24, experiencing and/or at-risk for homelessness that need safety from the streets and access to resources to help them move from crisis toward healthy functioning and independence.
Address: Administration:8001 Folsom Blvd, Sacramento, CA 95826
Wind Youth Services Drop-In Center Address: 6971 5th Ave Sacramento, CA 95817
Service Area: S