

OPTIONS  
for HIV

2020

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An HIV/AIDS Resource Directory for  
Sacramento, Yolo, Placer and El Dorado  
Counties.

Updated 2.26.20

**Sacramento County Department of Health and Human Services**  
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**A special THANK YOU to the members of the HIV Health Services Planning Council's (HHSPC) Prevention Committee for their hard work and dedication to updating OPTIONS for HIV.**

Gail Brosnan, Sacramento County HIV/STD Prevention Program  
Paula Gammell, Sacramento County Ryan White CARE Program  
Susan Farrington, Sierra Foothills AIDS Foundation  
Mahara Leong, Strategies for Change

## General Assistance Information

### AIDS Drugs Assistance Program (ADAP)

El Dorado	Sierra Foothills AIDS Foundation	530-622-1923
Placer	Sierra Foothills AIDS Foundation	530-889-2437
Sacramento	One Community Health	916-914-3299
	Gender Health Center	916-914-3299
Yolo	CommuniCare Health Center	916-403-2990 x1710

Kaiser Permanente Members Only:

**Morse: 916-9736904**

**Bruceville: 916-688-2389**

### Alternative Testing Site (ATS)

Anonymous HIV Testing

Sacramento – By Appointment Only 916-874-7720

### Medical Transportation

If you are insured with Medi-Cal, the following agencies may be able to assist you with medical transportation.

A – Z Medical Transportation	888-611-3380
MedStar	916-669-0550
Rapid Response Medical Transportation	916-419-1232
Safe Medical Transportation	916-961-5835

### Partner Services

Sacramento:

County of Sacramento	916-875-1100
One Community Health	916-914-6325

El Dorado and Placer Counties:

Sierra Foothills AIDS Foundation	530-889-2437
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Yolo County

CommuniCare Health Center	530-666-8670
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# Community Based Organizations

Service Area Guide  
S = Sacramento  
E = El Dorado County  
P = Placer County  
Y = Yolo County

## Call 2-1-1

**Website:** www.211sacramento.org  
**Phone:** 2-1-1 or 800-500-4931 or 916-498-1000  
**Hours Of Operation:** 24 hours a day, seven days a week  
**Services:** Referral information for Housing Information, Financial Assistance, Food Program, Health Care Services, Employment and Training, Children Services, Senior Services and more.  
**Address:**  
**Service Area:** S

## Colonia San Martin

**Website:** [www.mercyhousing.org](http://www.mercyhousing.org)  
**Phone:** 916-392-5291  
**Hours Of Operation:**  
**Services:** HIV/AIDS housing.  
**Address:** 7271 Florin Mall Dr., Sacramento, CA 95823  
**Service Area:** S

## CommuniCare Health Center

**Website:** <https://www.communicarehc.org/>  
**Phone:** 916-403-2990 x1710  
**Hours Of Operation:** Call for appointment  
**Services:** HIV/AIDS Medical Case Management, Medical Transportation, Health Insurance Premium and Cost Sharing Assistance, Emergency Financial Assistance, Oral Health Care, Housing Services, Food Bank, ADAP.  
**Address:** 500B Jefferson Blvd, West Sacramento, CA 95605  
**Service Area:** Y

### **El Hogar Community Services Inc.**

**Website:** [www.elhogarinc.org](http://www.elhogarinc.org)  
**Phone:** Administration 916-441-0226  
Regional Support Team 916-441-3819  
Guest House Homeless Clinic 916-440-1500  
Sierra Elder Wellness Program 916-363-1553  
SeniorLink 916-369-7872  
Personal Growth Associates 916-688-5252  
**Fax:** 916-441-0286  
**Hours Of Operation:** Office: Monday thru Friday 8 a.m. – 5 p.m.  
**Services:**

- Guest House Homeless Clinic including outpatient medication and mental health support;
- Regional Support Team, assist adults work through the addiction and/or mental health challenges affecting daily living;
- Sierra Elder Wellness Program provides field-based mental health services for those ages 55 and over;
- SeniorLink provides mental health support services to adults age 55 and over; and,
- Personal Growth Associates provides behavioral health counseling and psychiatric services to all ages.

**Address:** Administration: 3780 Rosin Ct, Suite 110, Sacramento, CA 95834  
**Service Area:** S

### **Elk Grove Food Bank Services**

**Alternate Name:** Elk Grove Food Closet  
**Website:** [www.elkgrovefoodbank.org/](http://www.elkgrovefoodbank.org/)  
**Phone:** 916-685-8453 Main  
**Fax:** 916-714-9931  
**Hours Of Operation:** Client services:

- Monday through Friday 10 a.m. - 3 p.m.
- Saturday 9 am to 12 pm
- Summer food distribution hours close at 12:30 if 105 degrees or higher

**Services:** Food, clothing, and other services to people in the Elk Grove area.  
**Address:** 9820 Dino Drive, Suite 140, Elk Grove, CA 95624  
**Service Area:** S (Select zip codes. Call to verify.)

### **Food Bank of El Dorado County**

**Website:** [www.foodbankedc.org](http://www.foodbankedc.org)  
**Phone:** 530-621-9950  
**Hours Of Operation:** Based on location. Please call.  
**Services:** USDA Emergency Food Assistance Program, No Vet Goes Hungry Program, , Holiday Outreach.  
**Address:** 4550 Business Drive, Cameron Park, CA 95682  
**Service Area:** E (Partners with various agencies.)

## **Gender Health Center**

**Website:** www.thegenderhealthcenter.org  
**Phone:** 916-445-2391  
**Fax:** 916-455-2393  
**Hours Of Operation:** Office: Monday – Saturday 10 a.m. – 5 p.m.  
Counseling: Monday – Friday 9 a.m. – 9 p.m. (Evening hours vary)  
**Services:** Counseling, Advocacy, Respite, Name and Gender Change Assistance, Hormone Clinic, Legal Health Clinic, Employment, Covered CA Assistance, AIDS Drug Assistance Program Enrollment Site.  
**Address:** 2020 29<sup>th</sup> Street, Suite 201, Sacramento, CA 95817  
**Service Area:** S

## **Golden Rule Services**

**Website:** www.goldenrulesacramento.org  
**Phone:** 916-427-4653  
**Fax:** 916-427-4655  
**Hours Of Operation:** Monday – Friday 9 a.m. – 5 p.m.  
**Services:** GRS provides HIV/AIDS case management, as well as HIV/AIDS, STD and Hepatitis C education and prevention services including, Rapid HIV antibody testing, STD screening, Hepatitis C screening, Needle exchange and other harm reduction services, Online and street based HIV outreach and prevention services, Multi-session, group-level HIV education and risk reduction interventions, individual-level HIV risk reduction peer counseling, PEP and Pre-PEP referral services, Transportation to intake services for newly diagnosed individuals, Partner Services (PS), Support groups for young adults.  
**Address:** 4433 Florin Road, Suite 860, Sacramento, CA 95823  
**Service Area:** S

## **Harm Reduction Services**

**Website:** hrssac.org  
**Phone:** 916-456-4849  
**Fax:** 916-456-2196  
**Hours Of Operation:** Monday through Friday, noon – 6 pm  
**Services:** Disease prevention/health promotion through various harm reduction based services including syringe exchange, overdose rescue training and Narcan distribution, HIV and Hep C testing, condom and lube distribution, youth STI testing, and a Free Medical Clinic for high risk communities. Services are available onsite and through outreach. Case management and Linkage to Care for HIV+ individuals.  
**Address:** 2800 Stockton Boulevard, Sacramento, CA 95817  
**Basic Medical Clinic:** 3647 40<sup>th</sup> Street, Sacramento, CA 95817  
12 p.m. – 5 p.m. Meets most Saturdays. Sign-ups at 12 p.m.  
**Service Area:** S

## **Legal Services of Northern California**

**Auburn Office** 530-823-7560

Serving the following counties: Amador, Calaveras, El Dorado, Nevada, Placer, Sierra

**Services:** Housing and public benefits. We also offer weekly self-help clinics for help with family law matters, temporary restraining orders, and other civil matters at various locations. Check with the office or local court for the location and schedule.

**Sacramento Office** 916-551-2150

**Services:** Housing, public benefits, including CalWorks, CalFresh (food stamps), Medi-Cal, General Assistance (GA), Social Security, SSI, unemployment benefits (UIB), and state disability insurance (SDI).

**Woodland Office** 530-662-1065 or 916-447-5798 Serving: Yolo County

**Services:** Housing, public benefits, health, education, consumer, guardianship clinics, small claims, small estates, elder abuse restraining orders, unemployment insurance, Social Security, Veteran's benefits, powers of attorney, advance health care directives, and simple statutory wills. This office also operates [SeniorLink - Yolo County](http://www.seniorlink.org) (530-207-4250), an information and assistance line for older adults and persons caring for older adults.

## **Loaves and Fishes**

**Website:** [www.sacloaves.org](http://www.sacloaves.org)

**Phone:** 916-446-0874

**Fax:** 916-446-0875

**Hours Of Operation:** Monday through Friday 8 a.m. – 4 p.m.

**Services:** Advocacy; Animal Emergency Services; Dining Room; Friendship Park; mental health services; daytime homeless women and children's shelter; library, Mustard Seed School; Sister Nora's Place providing long-term overnight shelter for chronically homeless, mentally ill women; food bank; and, wash house. Affiliates provide various support services.

**Address:** Street Address: 1351 North C St., Sacramento, CA 95811

Mailing: PO Box 13495, Sacramento, CA 95813

**Service Area:** S

**One Community Health:**

**One Community Health has two locations: Midtown and Arden-Arcade**

**One Community Health - Midtown Campus**

**1500 21<sup>st</sup> Street, Sacramento, CA 95811**

**Alternate Name:** previously known as Center for AIDS Research, Education & Services and/or Cares Community Health

**Website:** [www.onecommunityhealth.com](http://www.onecommunityhealth.com)

**Phone:** 916-443-3299 Main

**Phone:** 916-443-3299 Medical Appointments

**Fax:** 916-325-1980

**Hours Of Operation:**

**Clinic:**

Monday - Thursday 8 am – 7 pm (Building A and B)

Friday 8 am – 6 pm (Building A and B)

Saturday 9 am – 5 pm (Building B only)

Closed every Wednesday from 12 – 2 pm for Staff Meetings

**Quest Lab Hours:**

Monday – Thursday 7:30 am – 7 pm

Friday 7:30 am – 6:30 pm

Saturday 8:30 am – 5 pm

Closed for lunch from 12 pm – 1 pm

Closed every Wednesday from 12 – 2 pm for Staff Meetings

**Dental Clinic:**

Monday - Thursday 8 am – 7 pm

Friday 8 am – 6 pm

Saturday 10 am – 3pm

Closed every Wednesday from 12 – 2 pm for Staff Meetings

**Pharmacy:**

Monday through Friday: 9 a.m. – 6 p.m.

Saturday: 9 am – 5 pm

Closed every day from 12 – 1 pm for lunch

**Vision Center:**

Monday – Friday 8:30 am – 5 pm

Closed every day from 12 – 1pm for lunch

Closed every Wednesday from 12 – 2 pm for Staff Meetings

**Services:** Comprehensive health care services for the Sacramento Region.

**Service Area:** S, P, E, Y



**One Community Health - Arden-Arcade Campus  
1442 Ethan Way, Suite 100, Sacramento, CA 95825**

**Website:** www.onecommunityhealth.com  
**Phone:** 916-443-3299 Main  
**Phone:** 916-443-3299 Medical Appointments  
**Fax:** 916-325-1980

**Hours Of Operation:**

**Clinic:**

Monday, Friday 8 am – 5 pm (Closed 12 – 1 pm for lunch)  
Wednesday 8 am – 5 pm (Closed 12 – 2 pm for staff meeting)  
Tuesday, Thursday 10 am – 7 pm (Closed 2 – 3pm for lunch)

**Dental:**

Monday, Friday 8 am – 5 pm (Closed 12 – 1 pm for lunch)  
Wednesday 8 am – 5 pm (Closed 12 – 2 pm for staff meeting)  
Tuesday, Thursday 10 am – 7 pm (Closed 2 – 3pm for lunch)

**HIV/STD Testing Services:**

Call for an appointment

**Services:** Primary care medical services, women’s health, podiatry, pediatric care, eligibility/health insurance assistance and limited lab services are available at this time.

**Service Area:** S, P, E, Y

**Open Arms**

**Website:** [www.voa-sac.org](http://www.voa-sac.org)  
**Phone:** 916-451-1765  
**Hours of Operation:** Contact Agency  
**Services:** Transitional Housing for HIV+ individuals  
**Address:** Administration: 530 Bercut, Sacramento, CA 95811  
**Service Area:** S

**Placer Food Bank**

**Website:** www.placerfoodbank.org  
**Phone:** 916-783-0481  
**Hours Of Operation:** Based on location. Please call.  
**Services:** CalFresh, Feed Our Future, Placer Community Gardens, Healthy Plates Healthy Families  
**Address:** 8284 Industrial Avenue, Roseville, CA 95678  
**Service Area:** P, E (Partners with various agencies in both counties and Nevada County. Contact for closet services.)

### **Planned Parenthood Mar Monte**

**Website:** www.ppmarmonte.org  
**Phone:** 916-325-1700  
**Fax:** 916-446-2994 or 877-855-7526  
**Hours Of Operation:** Hours vary daily. Call for more information  
**Services:** Providing services at 36 health centers throughout mid-California and Northern Nevada. Provides a range of reproductive and general health services including birth control, pregnancy testing and options counseling, STD testing and treatment, HIV testing, breast and cervical cancer screening, abortion, prenatal care, pediatrics, transgender hormone services and adult primary health care.  
**Address:** 201 29th Street, Suite A, Sacramento, CA 95816  
**Service Area:** S, P, Y

### **River City Food Bank**

**Website:** www.rivercityfoodbank.org  
**Phone:** 916-446-2627  
**Hours Of Operation:** Monday through Friday 11:30 a.m. to 3 p.m.  
Saturday 11 a.m. – 1 p.m.  
**Services:** Food assistance, CalFresh Outreach, Nutritional classes, BackSnacks, HIV Support.  
**Address:** 1800 28<sup>th</sup> St, Sacramento, CA 95816  
**Service Area:** S

### **Sacramento County Adult Mental Health Access Team**

**Website:**  
**Phone:** 916-875-1055  
**Hours Of Operation:** Monday through Friday 8 a.m. – 5 p.m.  
**Services:** Mental Health services for adults including phone screening, assessment, and linkage and referral information.  
**Address:**  
**Service Area:** S

### **Sacramento County Primary Health Services**

**Website:** <https://dhs.saccounty.net/PRI/Pages/PRI-Home.aspx>  
**Phone:** 916-875-5701 Main  
**Hours Of Operation:** Monday through Friday 8 am - 5 pm  
**Services:** Administrative agency which operates primary care and public health clinics.  
**Address:** 7001-A East Parkway, Suite 550, Sacramento, CA 95823  
**Service Area:** S

### **Sacramento County Public Health Division**

**Website:** <https://dhs.saccounty.net/PUB/Pages/PUB-Home.aspx>  
**Phone:** 916-875-5881 Main  
**Fax:** 916-875-5888  
**Hours Of Operation:** Monday through Friday 8 am - 5 pm  
**Services:** The Sacramento County Public Health Division operates and manages numerous programs designed to protect the health and well-being of all Sacramento County residents.  
**Address:** 7001-A East Parkway, Suite 600, Sacramento, CA 95823  
**Service Area:** S

### **Sacramento Food Bank**

**Website:** [www.sacramentofoodbank.org](http://www.sacramentofoodbank.org)  
**Oak Park**  
**Phone:** 916-456-1980  
**Fax:** 916-451-5920  
**Admin Hours:** Monday through Thursday 8:30 a.m. to 4 p.m.  
Friday 8:30 a.m. to 3:30 p.m.  
**Services:** Food, clothing, education, immigration legal services, refugee settlement services, SMUD Energyhelp.  
**Address:** 3333 Third Avenue, Sacramento, CA 95817

**North Sacramento**  
**Phone:** 916-925-3240  
**Fax:** 916-921-5486  
**Admin Hours:** Monday – Friday 7:30 a.m. – 4 p.m.  
**Services:** Food, clothing, education  
**Address:** 1951 Bell Ave Sacramento CA 95838  
**Service Area:** S

### **Sacramento LGBT Community Center**

**Alternate Name:** The Lambda Center, Sacramento Gay & Lesbian Center  
**Website:** www.saccenter.org  
**Phone:** 916-442-0185 Main, Health Program x109  
**Fax:** 916-325-1840  
**Hours Of Operation:** Daily 10 – 6 p.m.  
**Services:** The Sacramento LGBT Community Center serves a wide range of clients with various services. Please contact the agency for more information.  
**Address:** 1015 20th Street, Sacramento, CA 95811  
**Service Area:** S

### **Sacramento Native American Health Center (SNAHC)**

**Website:** www.snahc.org  
**Phone:** 916-341-0575 Appointments  
**Fax:** 916-341-0574  
**Hours Of Operation:** Monday through Saturday 7:30 a.m. – 5:30 p.m.  
**Services:** Medical, dental, mental health services, substance abuse services, risk reduction counseling, case management, anger management, parenting groups, 12-step recovery, nutrition services, vision, and home visitation services.  
**Address:** 1015 20th, Sacramento, CA 95811  
**Service Area:** S

### **Sacramento Steps Forward**

**Website:** [www.sacramentostepsforward.org](http://www.sacramentostepsforward.org)  
**Phone:**  
**Fax:**  
**Hours Of Operation:**  
**Services:**  
**Address:**  
**Service Area:** S

**Sierra Foothills AIDS Foundation - El Dorado County**

**Website:** [www.sierrafoothillsaids.org](http://www.sierrafoothillsaids.org)  
**Phone:** 530-622-1923  
**Fax:** 530-344-0685  
**Hours Of Operation:** Monday thru Thursday – Contact Agency for Hours  
**Services:** Case management, benefits counseling, referral services, emergency financial assistance, group counseling, ADAP, HOPWA, outreach, food closet for clients, HIV testing, Inmate Intervention Program.  
**Physical Address:** 550 Pleasant Valley Road Suite 1F, Diamond Springs, CA 95619  
**Mailing Address:** 550 Main St., Suite 1F, Diamond Springs, CA 95619  
**Service Area:** E

**Sierra Foothills AIDS Foundation - Placer County**

**Website:** [www.sierrafoothillsaids.org](http://www.sierrafoothillsaids.org)  
**Phone:** 530-889-2437  
**Fax:** 530-889-2443  
**Hours Of Operation:** Monday thru Thursday 9 a.m. to 5 p.m.  
**Services:** Case management, benefits counseling, referral services, emergency financial assistance, group counseling, ADAP, HOPWA, outreach, food closet for clients, HIV testing, Inmate Intervention Program.  
**Address:** 12183 Locksley Lane, Suite 208, Auburn, CA 95602  
**Service Area:** P

**St. John’s Shelter**

**Website:** [www.saintjohnsprogram.org](http://www.saintjohnsprogram.org)  
**Phone:** 916-453-1482  
**Services:** Shelter for Women and Children which includes mental health and support services, career education, employment training and respite services.  
**Service Area:** S

### **Sunburst Projects**

**Website:** www.sunburstprojects.org  
**Phone:** 916-440-0889 Main  
**Fax:** 916-440-1208  
**Hours Of Operation:** Monday through Thursday 9 a.m. – 5 p.m.  
**Services:** HIV/AIDS support services for women, children, and families.  
**Address:** 2143 Hurley Way, Suite 240, Sacramento, CA 95825  
**Mailing Address:** United States  
**Service Area:** S

### **Hope Cooperative (formerly TLCS)**

**Website:** www.tlcssac.org  
**Phone:** 916-441-0123 Main  
**Fax:** 916-441-6893  
**Hours Of Operation:** Monday – Friday 8 a.m. – 5 p.m.  
**Services:** Transitional housing, Mental Health Crisis Respite Center, case management, psychiatry, advocacy, employment support, substance abuse services.  
**Admin Address:** 650 Howe Ave, Building 400-A, Sacramento, CA 95825  
**Service Area:** S

### **Volunteers of America - Northern California and Northern Nevada**

**Alternate Name:** VOA  
**Website:** www.voa-ncnn.org/sacramento  
**Phone:** By referral from Sacramento Steps Forward Coordinated Entry System. For a referral, call 2-1-1.  
**Fax:** 916-442-1861  
**Hours Of Operation:** Call for more information  
**Services:** Affordable Housing, Child and Youth Services, Community Re-Entry Programs, homeless Services and Shelters, Mental Health Support Services, Permanent Supportive Housing, Senior Services, Transitional Housing, Treatment and Recovery Services, and Veterans Services.  
**Address:** 3434 Marconi Ave, Sacramento, CA 95821  
**Service Area:** S, P (Depending on service need.)

## **WEAVE**

**Website:** [www.weaveinc.org](http://www.weaveinc.org)  
**Phone:** Support Line: 916-920-2952  
**Hours Of Operation:** Triage Assessment Hours:  
Midtown

- English Speaking: Tuesday and Thursday 12 p.m. – 2 p.m.; and, Wed: 5 p.m. – 7 p.m.
- Spanish Speaking: Thursday 12 p.m. – 2 p.m.

South

- English and Spanish: Monday 10 a.m. – 12 p.m.

**Services:** Services for women, men, teens and children who are survivors of domestic violence and sexual assault. Services including, 24-hour support and information line, sexual assault counseling, domestic violence counseling, prevention and education, emergency response and a confidential Safehouse program, assistance with restraining orders and move out orders.  
**Address:** Midtown – 1900 K Street, 2<sup>nd</sup> Floor, Sacramento, CA 95811  
South – 7600 Hospital Drive, Suite I, Sacramento, CA 95823  
**Service Area:** S

## **WellSpace Health**

**Website:** [www.wellspacehealth.org](http://www.wellspacehealth.org)  
**Phone:** 916-325-5556 Main Administrative office  
**Phone:** 916-737-5555 Appointments  
**Fax:** 916-444-5620  
**Hours Of Operation:** Hours vary based on location and service.  
**Services:** Improves the well-being of our community, families, and individuals by providing health, substance abuse detox services, mental health addiction treatment, and social services.  
**Address:** 1820 J Street, Sacramento, CA 95811  
**Service Area:** S, P

## **Wind Youth Services**

**Website:** www.windyouth.org  
**Phone:** Administrative 916-504-3313  
**Fax:** 916-369-5389  
**Phone:** Wind Youth Services Drop-In Center 916-561-4900  
**Phone:** Emergency Shelter 800-339-7177  
**Phone:** 800-339-7177 Youth 24 Hour Hotline  
**Hours Of Operation:** Monday – Friday 7 a.m. – 6 p.m.  
Weekends 7:30 a.m. – 3:30 p.m.  
**Services:** Safe place for youth and transition aged youth, ages 12 - 24, experiencing and/or at-risk for homelessness that need safety from the streets and access to resources to help them move from crisis toward healthy functioning and independence. Other services include street outreach, emergency shelter, and housing programs.  
**Address:** 815 S St., Sacramento, CA 95811  
**Service Area:** S