

**Sacramento County  
Department of Health Services  
HIV Health Services Planning Council  
Affected Communities Committee**  
[www.sacramento-tga.com](http://www.sacramento-tga.com)

**Meeting Agenda**

August 7, 2023, 3:00 PM – 4:00 PM

**Meeting Location**

**4600 Broadway, Sacramento, CA 95820**  
**2<sup>nd</sup> Floor Conference/Community Room 2020**

**Facilitator:** Zach B. – Chair

**Scribe:** Angelina Olweny – Council Staff

**Meeting Invitees:**

- Affected Communities Committee Members
- Open to the Public

Public Comment: This provides opportunities for the public to address the Council as a whole in order to listen to opinions regarding matters within the jurisdiction of the Council during Regular meetings and regarding items on the Agenda at all other meetings. Public Comment time limit is three (3) minutes.

\*Action items

<b>Topic</b>	<b>Presenter</b>	<b>Start Time</b>	<b>Length</b>
Welcome and Introductions	Zach B.	3:00 PM	As Needed
Announcements	All		As Needed
Public Comments-Agenda Items-3 Minute Time Limit	Zach B.		
Agenda Review*	Zach B.		

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Minutes Review of June 2023*	Zach B.	As Needed	As Needed
Service Concerns	Zach B.		
Reflectiveness Update	Zach B.		
CY23 Training Calendar	Zach B.		
CY23 Outreach <ul style="list-style-type: none"> <li>• Website Visits</li> <li>• Advertising</li> <li>• Event Calendar</li> </ul>	Zach B.		
FY23 Fall Positive Advocate*	Zach B.		
Public Comments-Non-Agenda Items	Zach B.		
Technical Assistance	Zach B.		
Adjourn	Zach B.	4:00 PM	

\*Action Items

Attachments:  
 Agenda Review\*  
 Minutes of June 2023\*  
 CY23 Training Calendar  
 CY23 Outreach Calendar  
 FY23 Fall Positive Advocate Draft\*

NEXT MEETING: **October 2, 2023**  
**December 4, 2023**  
**February 5, 2024**

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**Meeting Minutes**

June 5, 2023, 3:00 – 4:00 p.m.

**Meeting Location:** 4600 Broadway, Sacramento CA 95820 Conference/Community Room 2020

**Facilitator:** Zach Basler – ACC Chair

**Council Staff:** Angelina Olweny

**Meeting Attendees:** Richard Benavidez, Christopher Kendrick-Stafford, Dennis Poupart, Zach Basler, Shy Brown

**Members Absent:** Kane Ortega, Steve Austin

**Excused:** Kelly Gluckman

**County Staff:** Danielle Caravella

**Guests:**



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<p>Service Concerns</p>	<p>Members reported that OCH’s phone number is not always reliable. At times, the line goes to an individual’s voicemail phone number. One consumer wanted a referral but was not called back. During the meeting, a suggestion made was to send an email to Keisha Lynch to let her know about the mentioned issue of not having calls returned for accessibility to services.</p> <p>A question of transportation to and from medical appointments was brought up. It was stated that Sunburst has transportation but because of the grant status, the funds for transportation ebbs and flows. Sunburst doesn’t have continuous funds allocated for transportation under the Sunburst grant.</p> <p>It was stated that RX Healthcare Services provides a transportation services to clients.</p>
<p>Reflectiveness Update</p>	<p>The current reflectiveness is at 33%. More consumer appointments are pending. Christopher Kendricks-Stafford will be moved to the Affected/Underserved parolee open seat. He can continue to be part of ACC as the reapplication paperwork is being filed.</p>
<p>CY23 Training Calendar</p>	<p>In June the LGBT Center will have a presentation at the planning council meeting. There will be no meetings in July. A training on HIV/AIDS and Aging is tentatively set for August. September – Keisha to do a presentation on OCH’s Gender Affirming Care Services.</p> <p>There is a possibility for a presentation on Housing in October – Danielle has reached out to the council member with SHRA to see if they are able to provide a training on this.</p> <p>There has historically been no presentations at the Nov/December meeting.</p>
<p>CY23 Outreach</p>	<p>Website visits        The number of people who visited the Sacramento TGA website was in the low sixties. There were 60 unique website visits.</p> <p>Advertising</p>

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	<p>There is no active advertising.          Sac City College and Wellness event – Sacramento City College communicated that they won't have the capacity to do a health fair moving forward</p>
<p>Community Presentation Discussion</p>	<p>Zachary Basler spoke to the fact that in the community presentation, the LGBT Center was identified as a safe space for youth to talk about sexual identity and sexual health. The Community Meeting highlighted the fact that youth are using platforms such as Google to get information about sexual health and sexual identity because they are not having conversations with their parents about safe sex. They may have the misconception that there is an HIV vaccine, which is being confused with the HPV vaccine. Most youth are coming out at the ages of 14-18. It was pointed out that they are trying to figure out where they fit in given the number of sexual identities.</p> <p>Discrimination is an issue at home and out in the community. Youth want to have a safe space to have community discussions.</p> <p>Next Wednesday, June 12<sup>th</sup>, Gustavo from OCH is doing a presentation on PrEP. The information will be shared in an email. Human Rights Campaign (HRC) is trying to consolidate terminology on HIV because the list of definitions for gender identification and sexual identity is long. More outreach efforts to youth under the age of 30 are needed because there are barriers when it comes to reaching this demographic.</p>
<p>FY23 Summer Positive Advocate*</p>	<p>The FY23 Summer positive advocate draft was presented for review and approval. Richard Benavidez suggested that the acronym ACC should be spelled out as Affected Communities Committee in the Positive Advocate Newsletter. Also, the meeting schedule list should have the exact dates of the various committee meetings i.e. (July 1<sup>st</sup> 2023) as opposed to listing their frequencies i.e. 1<sup>st</sup> Monday of each month. Richard Benavidez motioned to accept the Summer Positive advocate as presented with the changes discussed and Dennis Poupart seconded the motion. The motion passed with a majority.</p> <p>Approve: Dennis Poupart, Richard Benavidez, Shy Brown, Steve Austin, Zachary Basler          Abstain: N/A</p>

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	<p>Oppose: N/A</p> <p>Amended motion.          Approve: Richard Benavidez, Dennis Poupart, Shy Brown, Steve Austin, Zachary Basler          Abstain: N/A          Oppose: N/A</p> <p>Members were encouraged to send Danielle articles that they would like to see included in the Positive Advocate Newsletter.</p>
<p>Public Comment-Non-Agenda Items</p>	<p>Ideas behind improving the website were discussed- The website as it is now is provider focused as opposed to consumer based. Some ideas proposed include having an ACC specific website. Content on this website would include information that would help widen the community's knowledge of the Ryan White Program, related services, and advertise outreach opportunities.</p> <p>It would cost money to have a new website. Additionally, the website will need to be maintained and updated frequently. The county currently manages the Sacramento TGA website and cannot permit an outside individual to manage the website.</p> <p>The next CQI meeting will be held on 6/20. HRSA has emphasized how important it is for consumers to be in attendance for these meetings.</p> <p>The Wisdom Project is a nonprofit organization for the elder LGBT community. The organization wants to participate in LGBT elder PRIDE. The AdAC Year-end assessment meeting is on Thursday, June 15<sup>th</sup> at 10:00 AM. Those interested in attending need to sign a confidentiality agreement. There is a training for those new to the meeting on June 8<sup>th</sup> at 10 training.</p>
<p>Technical Assistance</p>	<p>For technical questions reach out to Richard Benavidez and Zach Basler.</p>
<p>Adjournment</p>	<p>4:06 PM</p>

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## Calendar Year 2023 HHSPC Training Schedule

<b>January 25</b>	UCD AETC Cultural Humility
<b>February 22</b>	UCD AETC Diversity & Equity
<b>March 22</b>	CDPH Strategic Plan
<b>April 26</b>	Mechanics of the Planning Council
<b>May 24</b>	UCD AETC Inclusivity
<b>June 28</b>	LGBT Center to be rescheduled
<b>July 26</b>	No meetings in July
<b>August 23</b>	HIV & Aging
<b>September 27</b>	OCH: Transgender Services
<b>October 25</b>	Suggestion: Housing
<b>Nov/Dec: 13</b>	TBD

**2022-2023 Community Event Schedule**

	Event Date	Event	Organization	Location	Time	Space Fee	Comments	ACC Event
<b>2023</b>	Sept. 3	Rainbow Festival	Rainbow Festival	20th and K Streets	12 - 7 p.m.	\$\$		
	Sept. 6	Recovery Happens	CCAPP	State Capital	9-2:30	TBD	California Consortium of Addiction Programs and Professionals <a href="http://www.recoveryhappens.info/">www.recoveryhappens.info/</a>	Collab.
	Sept. 18	National HIV/AIDS and Aging Awareness Day	TBD	TBD	TBD	TBD		
	Sept. 27	National Gay Men's HIV/AIDS Awareness Day	TBD	TBD	TBD	TBD		<b>Yes</b>
	Oct. 15	National Latino AIDS Awareness Day	TBD	TBD	TBD	TBD		
	TBD	Fentanyl Awareness Safety Fair	Sac DA and DHS	TBD	TBD		1PillCanKillSac.com/Events	
	Dec. 1	World AIDS Day	Collaborative	Sacramento City Hall	12:00 PM	N/A		

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### National HIV/AIDS and Aging Awareness Day

September 18th, 2023, is National HIV/AIDS and Aging Awareness Day. According to [nhaad.org](http://nhaad.org) "On September 18, 2008, National HIV/AIDS and Aging Awareness Day was launched by The AIDS Institute in an effort to raise awareness due to the alarming increase in the number of HIV diagnoses among older adults and individuals over 50 living and aging with HIV..

Our goals are to emphasize the need for prevention, research and data focused on the aging community and increase medical understanding of the impact of HIV on the natural aging process. Through action, we hope to increase the quality of life for people living with HIV (PWH). Through awareness, we hope to reduce stigma surrounding HIV." ([nhaad.org](http://nhaad.org), 2023)

Reference:

[National HIV/AIDS and Aging Awareness Day](http://nhaad.org)



### **Aging and Living With HIV**

There are some of us that have been living with HIV also find ourselves aging. This is due to the effectiveness of the current medications used in the treatment of suppressing the virus and reaching undetectable status. The CDC finds that over 50% of the current HIV population in the USA is age 50 and above and this number is going to increase. There is significant discussion at the County, State and National levels related to the fact that we are not prepared to meet the needs of those of us aging with HIV.

Advances in antiretroviral therapy mean more people are living – and aging – with HIV. However, challenges exist, from the biological interplay of HIV and aging, to the impacts of stigma, and delayed presentation for care on health-related quality of life for older people with HIV. HIV infection is no longer a life-limiting infection. However, with this success comes unexpected consequences: a growing population of older people with HIV (normally defined as those aged 50 years or older). This population is increasing because young people with HIV are surviving and aging and an increasing number of older people are acquiring HIV. Consequently, prevalence and incident infections in people aged 50 years and older are increasing at a faster rate than in the population as a whole.

A major challenge for those aging with long term use of antiretroviral therapy (ART) is that there is no significant data related to how ART affects typically normal co-morbidities (diseases) that arise with the aging process. These diseases can affect the brain, lungs, heart, pancreas, kidneys and the liver. Diseases include but not limited to dementia, diabetes, COPD, high blood pressure, CHF ( Congested Heart Failure), suppressed kidney functions and mobility/frailty, including bone health. It is very important that you contact your Primary Care provider if you suffer from any of these. Most of us will acquire more than one chronic diseases. Older adults also continue to be newly diagnosed with HIV. We are also aware that there is a significant shortage of geriatric specialists countrywide so communication with your health care providers is most important.

Those of aging with HIV face agism stigma and face compromised social determinants of health. Included are determinants related to finances, home and food insecurity including living conditions, access to quality health and support services, social support, language and literacy, mental health, cultural customs and beliefs, just to name a few. We also face discrimination, racism and distrust of government. Access to mass media and emerging technologies (cell phones, internet, social media) can also be challenging for older adults.

As we are aging, it is important that all of us living with HIV be aware of the many challenges we might face. Listen to your body and talk to all your medical, mental and support service providers. Join social support groups and take advantage of the many government and community services provided to senior adults. Take charge of your life so you may enjoy your older years.

Article by Richard Benavidez, Chair, HIV Health Services Planning Council (HHSPC)

## National Gay Men's HIV/AIDS Awareness Day

September 27th, 2023 is National Gay Men's HIV/AIDS Awareness Day. According to [hivinfo.nih.gov](http://hivinfo.nih.gov) National Gay Men's HIV/AIDS Awareness Day was "First observed in 2008 by the National Association of People with AIDS, the National Gay Men's HIV/AIDS Awareness Day is a time to focus on the impact of HIV and AIDS on gay and bisexual men as well as ongoing efforts to reduce HIV and AIDS in this population." ([hivinfo.nih.gov](http://hivinfo.nih.gov), 2023)

According to the CDC "The persistence of racial, ethnic, and regional HIV disparities reflects the effects of stigma, homophobia, racism, and discrimination that gay and bisexual men continue to face and shows us where we need to scale up treatment and prevention services.

Despite ongoing challenges, the efforts of public health and community advocates are making a difference in lowering new [HIV infections among gay and bisexual men](#). From 2015 to 2019, the number of estimated new HIV infections among gay and bisexual men in the United States decreased from 26,900 to 24,500. Nonetheless, gay and bisexual men accounted for 70% of the total 34,800 estimated new HIV infections in the United States in 2019. Across the country, some communities—specifically [Black/African American gay and bisexual men](#), and [Hispanic/Latino gay and bisexual men](#)—are disproportionately affected by HIV. In 2019, [Black/African American gay and bisexual](#) men accounted for 26% and [Hispanic/Latino gay and bisexual men](#) accounted for 24% of estimated new HIV infections. As public health and community advocates, we must continue our work to address these racial and ethnic disparities." ([cdc.gov](http://cdc.gov), 2023)



Reference:

[National Gay Men's HIV/AIDS Awareness Day - HIVinfo.NIH.gov](#)

[National Gay Men's HIV/AIDS Awareness Day - CDC](#)

## National Latinx AIDS Awareness Day

October 15th, 2023, is National Latinx AIDS Awareness Day. According to [nlaad.org](http://nlaad.org) "NLAAD was founded in 2003 as a joint effort of the Latino Commission on AIDS and Hispanic Federation in response to the devastating impact HIV/AIDS has on Hispanic/Latino communities across the country. It was established to draw attention to the critical role HIV testing and prevention education plays in stemming the spread of HIV/AIDS among Hispanics/Latinos. The day of October 15th was chosen to coincide with the last day of Hispanic Heritage Month.



The National Latino AIDS Awareness Day (NLAAD) is a national community mobilization and social marketing campaign that unites the Hispanic/Latino community in efforts to raise HIV awareness, promotion of HIV testing, prevention, and education; in addition to other critical health issues such as viral hepatitis, sexually transmitted infections (STIs), and tuberculosis (TB).

Annually on October 15th, NLAAD mobilizes community based organizations, leaders of the Latino community, health departments, and elected officials to spread awareness within the Latino community about HIV&AIDS, and bring about improvements in HIV related health practices by building capacity, developing and disseminated resources, utilizing media channels, and casting the spotlight on Latino faces behind the epidemic." ([nlaad.org](http://nlaad.org), 2023)

Reference:

[National Latinx AIDS Awareness Day](#)

### Awareness Days

- September 18th is National HIV/AIDS and Aging Awareness Day
- September 27th is National Gay Men's HIV/AIDS Awareness Day
- October 15th is National Latinx AIDS Awareness Day

## ACC Community Conversations

The Affected Communities Committee, ACC, a Committee of the HIV Health Services Planning Council, is once again, hosting Community Conversations related to the most current information on HIV. We look forward to seeing you there. All sessions will be held at the LGBT Center from 6 to 7pm with dinner provided. Please reach out to Zachary Basler at 415-299-7027 if you have questions. To register for an event please visit [www.sacramento-tga.com](http://www.sacramento-tga.com)

### **Upcoming Events:**

September 20th: Aging & Long Term Thriving

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.

Call 916-443-3299 to make an appointment or for more information.

No one will be turned away if they are unable to pay.

Sunburst Clinic:916-299-6810, SunburstClinic.org

Free confidential walk-in HIV/HCV/STD testing

Monday – Friday, 8 am – 6 pm in Arden Area.

PrEP Starter Pack issued same-day. PrEP-AP and ADAP enrollment or recertification

**Free or Low-Cost STD/HIV/HCV Testing;**

Contact the agency directly for dates, times and costs of testing

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

Sacramento Sexual Health Clinic 916-875-1551

**Partner Services:**

County of Sacramento - 916-875-1100

One Community Health - 916-443-3299

Sunburst Projects - 916-440-0889

Yolo County - 530-666-8670

El Dorado and Placer Counties:

Sierra Foothills AIDS Foundation 530-889-2437

**The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules**  
**Committees may be canceled if there is no pressing business to conduct.**  
**Go to [www.sacramento-tga.com](http://www.sacramento-tga.com) for the most updated meeting schedule.**

1st Monday of Even Months:  
February 5th, April 1st, June 5th,  
August 7th, October 2nd, and  
December 4th

**Affected Communities Committee:** 3:00—4:00 p.m. at  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Quarterly on the 1st Tuesday of:  
March 5th, June 6th, Sept. 5th,  
and Dec. 5th

**Quality Advisory Committee:** 2:00—3:00 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Quarterly on the 1st Tuesday of  
March 5th, June 6th, Sept. 5th,  
and Dec. 5th

**Needs Assessment Committee:** 3:00—4:30 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

1st Wednesday of the Months of:  
March 6th, May 1st, June 7th,  
Sept. 6th, and January 3rd

**Priorities and Allocations Committee:** 9:00—11:00 a.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

2nd Thursday of the Months of:  
March 14th, May 9th, June 8th,  
Sept. 14th, and January 11th

**Executive Committee:** 3:00—5:00 p.m. at the County of Sacramento  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

4th Wednesday of Every Month:  
**Combined Nov/Dec on 12/13/2023**

**HIV Health Services Planning Council:** 10:00 a.m.—12:00 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



# Back Page

The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Danielle Caravella at 916-875-6021  
[www.sacramento-tga.com](http://www.sacramento-tga.com)

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Even Months of the year, 3—4 p.m., at Sacramento County Health Center  
4600 Broadway, Community Room 2020, Sacramento, 95820.

## RYAN WHITE CARE ACT SERVICE PROVIDERS

### CommuniCare Health Centers

\*\*\*\* Yolo County Residents only \*\*\*\*  
916-403-2910 x1077

**Golden Rule Services** 916-427-4653

**Harm Reduction Services** 916-456-4849

**One Community Health** 916-443-3299  
Direct HIV Service Line: 916-842-5185

### Sacramento Sexual Health Clinic

916-875-1551

### Sierra Foothills AIDS Foundation

\*\*\*\* El Dorado and Placer Counties only \*\*\*\*  
Main number: 530-889-2437

**Sunburst Projects** 916-440-0889

**UC Davis Medical Center Pediatric Infectious Disease** 916-734-1873

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential