



Positive Advocate

Spring 2020

A publication of the Affected Communities Committee of the HIV Health Services Planning Council
Paid for by the Sacramento TGA Part A Ryan White Grant Funds

"This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H89HA00048, HIV Emergency Relief Projects Grant, in a partial award amount of \$712,281. This information or content and conclusions are those of the author(s) and should not be construed as the official position or policy of nor should any endorsements be inferred by HRSA, HHS or the U.S. Government."

COVID-19 Information and Resources

The CDC, HRSA HIV/AIDS Bureau, and NIH have recently issued guidance and FAQs regarding COVID-19 and HIV/AIDS. Please see the resources below and share with your networks.

- **CDC FAQ on COVID-19: What People with HIV Should Know**

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/hiv.html>

CDC recently released a new FAQ on COVID-19 for people living with HIV. The new resource addresses concerns related to COVID-19 and HIV and highlights how people with HIV can protect their health. The FAQs will be updated and additional content added as new information becomes available.

- **HRSA-HAB: FAQ for Ryan White HIV/AIDS Program Recipients, Subrecipients and Stakeholders**

<https://hab.hrsa.gov/coronavirus-frequently-asked-questions>

HRSA's HIV/AIDS Bureau has made available a detailed FAQ guide for RWHAP recipients and partners discussing providing HIV/AIDS care during emergencies; AIDS Drug Assistance Programs; telehealth; reporting and grant management; and more.

- **NIH: HHS HIV/AIDS Guidelines Panels Release Interim Guidance for COVID-19 and Persons with HIV**

https://aidsinfo.nih.gov/guidelines/html/8/covid-19-and-persons-with-hiv--interim-guidance-/0?fbclid=IwAR3KY84zf_z5BoBfeV1xB8SrgNzMR8M96bAf0f7qjzVhGsuKOEjIA-MGC4A

Interim Guidance for COVID-19 and Persons with HIV is now available. The guidance, which was developed collectively by the HHS Antiretroviral and Opportunistic Infections Guidelines Panels, working groups of the Office of AIDS Research Advisory Council, is intended for health care providers and persons living with HIV in the United States.

Additionally, the HIV Medical Association and the Infectious Disease Society of America released recent resources for COVID-19:

- **HIVMA: COVID-19 Special Considerations for People with HIV**

https://www.hivma.org/globalassets/covid-19-special-considerations_v5.pdf

- **IDSA COVID-19 Resource Center** -- <https://www.idsociety.org/public-health/COVID-19-Resource-Center/A> compilation of COVID-related policies and protocols as well as coverage and payment-related information. This website will be updated as resources and new information becomes available.

Preventing the Spread of Germs

Practice every day preventive actions to help stop the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough.
- Sneeze into a tissue then throw the tissue away in the trash. Wash your hands afterwards.
- Clean and disinfect frequently touched objects and surfaces.
- Get a flu shot.
- Avoid wearing contact lenses
- If you are feeling ill, with any symptoms, stay home from work or school until free of symptoms a minimum of seven days from the start of symptoms
- Maintain social distance – at least six feet - and avoid handshakes or hugs.
- If you or your child have a fever or cough, do not visit elderly family members.
- If you are elderly, or in the high risk category, avoid going into public spaces or hosting visitors.
- If you are 60 years old or older, and/or if you have an underlying chronic medical condition or compromised immune system (see explanation below), you should avoid large gatherings such as conferences, social meetings, and/or sporting and entertainment events for example, basketball games and concerts.



One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.
Call 916-443-3299 to make an appointment or for more information.
No one will be turned away if they are unable to pay.

Free or Low-Cost STD/HIV/HCV Testing;
Contact the agency directly for dates, times and costs of testing
Golden Rule Services 916-427-4653
Harm Reduction Services 916-456-4849
Sacramento Sexual Health Clinic 916-875-1551

Partner Services:

County of Sacramento - 916-875-1100
One Community Health - 916-443-3299
Yolo County - 530-666-8670
El Dorado and Placer Counties:
Sierra Foothills AIDS Foundation 530-889-2437

The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules
Committees may be canceled if there is no pressing business to conduct. Call 916-876-5548 to verify.
Presently, all in-person meetings have been cancelled due to COVID-19 and the meetings are being held by teleconference. The teleconference call-in information is on each committee agenda which can be found on the www.sacramento-tga.com website.

1st Monday of Every Month: No meetings in July or Sept.	Affected Communities Committee: 3:00—4:00 p.m. at Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020
1st Tuesday of Every Month:	Prevention Committee: 1:00—2:00 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020
1st Tuesday of Every Month:	Quality Advisory Committee: 2:00—3:00 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020
Quarterly on the 1st Tuesday of March, June, Sept. and Dec.	Needs Assessment Committee: 3:00—4:30 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020
2nd Monday of Every Month: Except October, and November due to holidays	Priorities and Allocations Committee: 10—12:00 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020
2nd Thursday of Every Month:	Executive Committee: 3:00—5:00 p.m. at the County of Sacramento Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020
4th Wednesday of Every Month: Combined Nov/Dec on 12/9/20	HIV Health Services Planning Council: 10—12 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



Back Page



The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Paula Gammell at 916-876-5548
www.sacramento-tga.com

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Month, except July and September, from 3—4 p.m., at Sacramento County Health Center
 4600 Broadway, Community Room 2020, Sacramento, 95820.

RYAN WHITE CARE ACT SERVICE PROVIDERS

CommuniCare Health Centers
 916-403-2910 x1077 **** Yolo County Residents only ****

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

One Community Health 916-443-3299

Sierra Foothills AIDS Foundation
 **** El Dorado and Placer Counties only ****
 Main number: 530-889-2437

Sunburst Projects 916-440-0889

Volunteers of America 916-265-3400

UC Davis Medical Center Pediatric Infectious Disease
 916-734-1873

Ryan White Funded Services and Providers

Ryan White Funded Service:

Ambulatory Care:

Child Care:

Emergency Financial Assistance:

Food Bank:

Health Education and Risk Reduction:

Health Insurance Assistance:

Housing

Medical Nutritional Therapy:

Medical Transportation:

Mental Health:

Non-Medical Case Management:

Oral Health:

Outreach Services:

Substance Abuse—Outpatient:

Substance Abuse—Residential:

Medical Case Management:

Providers:

One Community Health

Sunburst Projects

One Community Health, CommuniCare, Sierra Foothills AIDS Foundation

One Community Health, CommuniCare

One Community Health

One Community Health, CommuniCare, Sierra Foothills AIDS Foundation

One Community Health, CommuniCare, Volunteers of America

One Community Health

One Community Health, CommuniCare, Harm Reduction Services, Sierra Foothills AIDS Foundation, UC Davis Pediatrics

One Community Health, Sunburst Projects, UC Davis Pediatrics, Sierra Foothills AIDS Foundation

Golden Rule Services, One Community Health

One Community Health, CommuniCare

One Community Health

One Community Health

One Community Health, Sierra Foothills AIDS Foundation,

One Community Health, CommuniCare, Harm Reduction Services, Sierra Foothills AIDS Foundation, Sunburst Projects, UC Davis Pediatrics

Additional services may be available by providers from other funding sources