



Positive Advocate

Spring 2022

A publication of the Affected Communities Committee of the HIV Health Services Planning Council
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National Women and Girls HIV/AIDS Awareness Day

March 10th, 2022, is the 17th annual National Women and Girls HIV/AIDS Awareness Day. In the United States, people assigned female at birth and aged 13 years or older accounted for 19% of total new HIV diagnoses in 2018, and 85% of those diagnoses resulted from heterosexual contact (Centers for Disease Control and Prevention, 2021). Women between the ages of 25-34 had the highest percentage of new diagnoses, at 27%, and the majority, at 57%, of new diagnoses identified as Black (Centers for Disease Control and Prevention, 2021). The data set did not include transgender women. HIV can affect individuals assigned female at birth in unique ways, such as increasing the risk of cervical cancer and causing gynecological problems. Some of the medications used to treat HIV can affect hormonal birth control; thus, it is essential to raise awareness and get tested (HIV.gov, 2022). For further information on how you and your organization can increase awareness and support reducing HIV transmission among women and girls, please visit the following site: [Centers for Disease Control and Prevention](https://www.cdc.gov/nwada/).

Upcoming Pacific AIDS Education & Training Center Virtual Events:

For more information and to register, visit our website at <https://paetc.org/event-calendar/>

- March 9th-10th, 10AM-2PM: Ending the Silent Epidemics: Substance Use as a Driver for HIV
- March 23rd-24th, 9AM-1PM: Assisting Partner Services Symposium
- March 30th-31st, 9AM-1PM: Sacramento Regional PrEP Symposium

For questions or provider education on the prevention, treatment, and care of those at-risk or living with HIV, please contact the Pacific AIDS Education & Training Center – Central Valley & Northern Interior

Email: aetc@ucdavis.edu

Phone: 916-734-3365

References:

Centers for Disease Control and Prevention. 2021, September 22. *HIV and women: HIV diagnoses*. <https://www.cdc.gov/hiv/group/gender/women/diagnoses.html>
HIV.gov. 2022, January 02. *HIV and women's health issues*. <https://www.hiv.gov/hiv-basics/staying-in-hiv-care/other-related-health-issues/womens-health-issues>



HEALING WATERS

Since 1996, Healing Waters Wilderness Adventures has been providing an emotionally and physically safe environment in the outdoors for individuals to take a moment to celebrate living, community and challenge their own beliefs about their strengths and abilities.

With a Mission to empower, inspire and enrich the lives of people challenging HIV/AIDS through wilderness adventures, Healing Waters offers whitewater rafting, sea kayaking, stand-up paddle board and camping trips. Programs are designed to accommodate all skills levels, including beginners.

Living with an illness can be very emotionally and physically draining. The psychological toll itself is huge. Healing Waters exists to help its participants step outside from all of that, if only briefly. We offer incredibly fun weekend and weekday trips open to people living with HIV and AIDS.

Our trips have been designed specifically with the special needs of individuals living with HIV/AIDS in mind. For low fees, we are able to provide transportation, insurance, accommodation (tents, sleeping bags and pads), equipment, instruction, and any warm clothing you may need including rain jackets, wool socks, and much more. The meals we provide are specially designed to be high in protein and nutritionally balanced as well. We also welcome caregivers and partners on our trips regardless of their HIV status, for the same low price.

For more information, visit www.hwaters.org, email info@hwaters.org or call 415-552-1190. Registration, medical and liability forms can be found online.

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.
Call 916-443-3299 to make an appointment or for more information.
No one will be turned away if they are unable to pay.

Free or Low-Cost STD/HIV/HCV Testing;
Contact the agency directly for dates, times and costs of testing
Golden Rule Services 916-427-4653
Harm Reduction Services 916-456-4849
Sacramento Sexual Health Clinic 916-875-1551

Partner Services:

County of Sacramento - 916-875-1100
One Community Health - 916-443-3299
Yolo County - 530-666-8670
El Dorado and Placer Counties:
Sierra Foothills AIDS Foundation 530-889-2437

The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules
Committees may be canceled if there is no pressing business to conduct. Call 916-876-5548 to verify.
Presently, all in-person meetings have been cancelled due to COVID-19 and the meetings are being held by teleconference. The teleconference call-in information is on each committee agenda which can be found on the www.sacramento-tga.com website.

1st Monday of Every Month:
No meetings in July or Sept. **Affected Communities Committee:** 3:00—4:00 p.m. at
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

1st Tuesday of Every Month: **Quality Advisory Committee:** 2:00—3:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

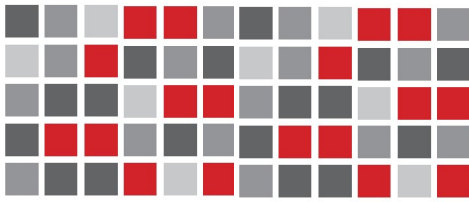
Quarterly on the 1st Tuesday of
March, June, Sept. and Dec. **Needs Assessment Committee:** 3:00—4:30 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

2nd Monday of Every Month:
Except October 2022 due to a holiday **Priorities and Allocations Committee:** 10—12:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

2nd Thursday of Every Month: **Executive Committee:** 3:00—5:00 p.m. at the County of Sacramento
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

4th Wednesday of Every Month:
Combined Nov/Dec on 12/7/2022 **HIV Health Services Planning Council:** 10—12 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



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The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Paula Gammell at 916-876-5548
www.sacramento-tga.com

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Month, except July and September, from 3—4 p.m., at Sacramento County Health Center
 4600 Broadway, Community Room 2020, Sacramento, 95820.

RYAN WHITE CARE ACT SERVICE PROVIDERS

CommuniCare Health Centers

**** Yolo County Residents only ****
 916-403-2910 x1077

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

One Community Health 916-443-3299

Sacramento LGBT Center 916-442-0185

Sierra Foothills AIDS Foundation

**** El Dorado and Placer Counties only ****
 Main number: 530-889-2437

Sunburst Projects 916-440-0889

Volunteers of America 916-451-1765

UC Davis Medical Center Pediatric Infectious Disease 916-734-1873

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Education/Risk Reduction
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential