

A publication of the Affected Communities Committee of the HIV Health Services Planning Council  
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### National Native HIV/AIDS Awareness Day

March 20th, 2023, is National Native HIV/AIDS Awareness Day. According to HIV.gov "National Native HIV/AIDS Awareness Day was first observed in 2007. This day is observed on the first day of Spring each year. The 2023 observance is recognized on March 20th.

The theme for 2023 is "Weaving Our Horizon: Strength. Community. Equity." The [National Native HIV Network](#) plans the observance each year. The observance is a national mobilization effort designed to encourage Native people (American Indians, Alaska Natives, and Native Hawaiians) across the United States and Territorial Areas to get educated, get tested, get involved in prevention, and get treated for HIV.

You can learn more about HISstory, HERstory, THEIRstory, OURstory: Storytelling as Resilience, an initiative aimed at increasing awareness and knowledge of HIV and breaking down the barriers of HIV/AIDS stigma in indigenous communities through the tradition of story telling [here](#).

To support the development of comprehensive solutions to end the HIV epidemic in Indian Country, the Northwest Portland Area Indian Health Board, alongside the Indian Health Service National HIV Program, and other partners, created [The Indigenous HIV/AIDS Syndemic Strategy: Weaving Together the National HIV, STI, and Viral Hepatitis Plans](#). This document contains emerging practices, existing initiatives, as well as traditional Indigenous knowledge that can be used by Tribal decision-makers to develop community-tailored interventions that address the syndemics of HIV, STIs, and viral hepatitis." (HIV.gov, 2023)

Reference:

[National Native HIV/AIDS Awareness Day #NNHAAD | HIV.gov](#)

### National Youth HIV/AIDS Awareness Day

April 10th, 2023, is National Youth HIV & AIDS Awareness Day. [Advocates for Youth](#) and its partners direct this observance. According to Advocates for Youth "National Youth HIV & AIDS Awareness Day (NYHAAD), annually on April 10th, is a day to educate the public about the impact of HIV and AIDS on young people.

The day also highlights the HIV prevention, treatment, and care campaigns of young people in the U.S. Today's young people are the first generation who have never known a world without HIV and AIDS. The CDC reports that in 2018, youth aged 13 to 24 made up 21% of the 37,832 new HIV diagnoses in the United States (US) and dependent areas. Young people living with HIV are the least likely of any age group to be retained in care and have a suppressed viral load. Addressing the impact of HIV on young people requires they have access to affirming, culturally-competent, and medically accurate resources and tools.

The National Youth HIV & AIDS Awareness Day (NYHAAD) Collective is comprised of youth activists leading HIV prevention, treatment, and care campaigns in their communities. Their campaigns highlight the challenges faced by young people living with and impacted by HIV, offer insight on how they combat stigma and discrimination on local, state, and federal levels, and enhance the awareness among physicians, policymakers, and youth-serving organization staff, etc. about the existing disparities." (advocatesforyouth.org, 2023)

Reference:

[NYHAAD - Advocates for Youth](#)



## National Transgender HIV Testing Day

April 18th, 2023, is National Transgender HIV Testing Day. Transgender individuals face many barriers to healthcare access, including transphobia, anticipated HIV stigma, and racial discrimination, which may make them hesitant to seek care such as HIV testing and treatment (Centers for Disease Control and Prevention [CDC], 2022). A Special Report by the CDC, which surveyed 1,608 transgender women in seven major U.S. cities between 2019 and 2020, found that 42.2% were HIV positive (CDC, 2021). The report also found that 35% of participants were Black/African American, and 40% were Hispanic or Latina. Of the participants surveyed, 17% did not have health insurance, 42% had experienced homelessness within a year before the survey, and 63% had a household income at or below the federal poverty level. Evidenced-based multilevel interventions delivering individual counseling, peer navigation, and community mobilization that addresses structural, biomedical, and behavioral risk as well as focusing on the disparities above, can help overcome healthcare barriers for transgender individuals (Centers for Disease Control and Prevention, 2022). For National Transgender HIV Testing Day social media and awareness resources, please visit the following site: <https://www.cdc.gov/hiv/library/awareness/nthtd.html>



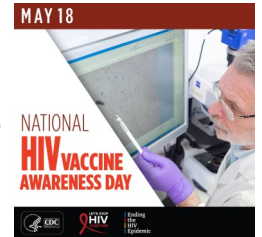
For questions or provider education on the prevention, treatment, and care or those at-risk or living with HIV, please contact the Pacific AIDS Education & Training Center – Central Valley & Northern Interior  
Website: <https://paetc.org/about/local-partners/central-valley>  
Email: [aetc@ucdavis.edu](mailto:aetc@ucdavis.edu)  
Phone: 916-320-6764

### References:

Centers for Disease Control and Prevention. 2021, April. *HIV Infection, Risk, Prevention, and Testing Behaviors Among Transgender Women—National HIV Behavioral Surveillance, 7 U.S. Cities, 2019–2020*. HIV Surveillance Special Report 27. <http://www.cdc.gov/hiv/library/reports/hiv-surveillance.html>  
Centers for Disease Control and Prevention. 2022, April 13. *Prevention Challenges*. <https://www.cdc.gov/hiv/group/gender/transgender/prevention-challenges.html>

## HIV Vaccine Awareness Day

May 18th, 2023, is HIV Vaccine Awareness Day. According to the CDC it is “Led by the [National Institute of Allergy and Infectious Diseases](#), HIV Vaccine Awareness Day (HVAD) is observed on May 18. This event is an opportunity to recognize the many volunteers, community members, health professionals, and scientists who are working together to find a safe and effective vaccine to prevent HIV. It is also a day to educate communities about the importance of HIV vaccine research.” (cdc.gov, 2020)



Reference: [HIV Vaccine Awareness Day | Awareness Days | Resource Library | HIV/AIDS | CDC](#)

## National Asian and Pacific Islander HIV/AIDS Awareness Day

May 19th, 2023, is National Asian & Pacific Islander HIV/AIDS Awareness Day. According to the National Institutes of Health it was “Founded by the Banyan Tree Project and the San Francisco Community Health Center on May 19, 2005, the National Asian & Pacific Islander HIV/AIDS Awareness Day raises awareness about the impact of HIV and AIDS-related stigma in Asian and Pacific Islander (API) communities.



Although the API communities are the fastest growing minority group, HIV diagnoses in this group have remained stable. According to the Centers for Disease Control and Prevention (CDC), in the U.S. and dependent territories, most new HIV diagnoses in API communities were among gay, bisexual, and other men who have sex with men. Other segments of the API population in the U.S. who experienced new HIV diagnoses were women and people who inject drugs. However, stigma is a primary barrier to HIV testing and access to services in API Americans. Stigma related to HIV infection in

API communities have created challenges regarding transmission, testing, and treatment. Intensified efforts are needed to support culturally tailored measures that meet the API communities’ HIV prevention, treatment, and care needs.” (HIVinfo.NIH.gov, 2023)

Reference: [National Asian & Pacific Islander HIV/AIDS Awareness Day | NIH](#)

### Awareness Days

March 20 is National Native American HIV/AIDS Awareness Day

April 10 is National Youth HIV and AIDS Awareness Day

April 18 is National Transgender HIV Testing Day

May 18 is HIV Vaccine Awareness Day

May 19 is National Asian & Pacific Islander HIV/AIDS Awareness Day

### Upcoming Events

May 20-21: NorCal AIDS Cycle—For more information visit [NorCal AIDS Cycle](#)

July 22-23: Healing Waters Rafting Trip—For more information visit [Healing Waters](#)

## **ACC Community Conversations**

The Affected Communities Committee, ACC, a Committee of the HIV Health Services Planning Council, is once again, hosting Community Conversations related to the most current information on HIV. We look forward to seeing you there. All sessions will be held at the LGBT Center from 6 to 7pm with dinner provided. Please reach out to Zachary Basler at 415-299-7027 if you have questions. To register for an event please visit [Sacramento TGA](#)

### **Upcoming Events:**

May 17: Taking Care of Your Sexual Health (under 30 LGBTQ)

June 7: Let's talk about PrEP

July 19: Ending the Epidemic

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus. Call 916-443-3299 to make an appointment or for more information. No one will be turned away if they are unable to pay.

Free or Low-Cost STD/HIV/HCV Testing;  
Contact the agency directly for dates, times and costs of testing  
Golden Rule Services 916-427-4653  
Harm Reduction Services 916-456-4849  
Sacramento Sexual Health Clinic 916-875-1551

### **Partner Services:**

County of Sacramento - 916-875-1100

One Community Health - 916-443-3299

Yolo County - 530-666-8670

El Dorado and Placer Counties:

Sierra Foothills AIDS Foundation 530-889-2437

## **The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules Committees may be canceled if there is no pressing business to conduct. Go to [www.sacramento-tga.com](http://www.sacramento-tga.com) for the most updated meeting schedule.**

1st Monday of Even Months:  
February, April, June, August,  
October, and December

**Affected Communities Committee:** 3:00—4:00 p.m. at  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Quarterly on the 1st Tuesday of:  
March, June, Sept. and Dec.

**Quality Advisory Committee:** 2:00—3:00 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Quarterly on the 1st Tuesday of  
March, June, Sept. and Dec.

**Needs Assessment Committee:** 3:00—4:30 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

1st Wednesday of the Months of:  
March, May, July, September,  
and January

**Priorities and Allocations Committee:** 9:00—11:00 a.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

2nd Thursday of the Months of:  
March, May, July, September,  
and January

**Executive Committee:** 3:00—5:00 p.m. at the County of Sacramento  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

4th Wednesday of Every Month:  
**Combined Nov/Dec on 12/13/2023**

**HIV Health Services Planning Council:** 10:00 a.m.—12:00 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



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The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Danielle Caravella at 916-875-6021  
[www.sacramento-tga.com](http://www.sacramento-tga.com)

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Even Months of the year, 3—4 p.m., at Sacramento County Health Center  
4600 Broadway, Community Room 2020, Sacramento, 95820.

## RYAN WHITE CARE ACT SERVICE PROVIDERS

### CommuniCare Health Centers

\*\*\*\* Yolo County Residents only \*\*\*\*  
916-403-2910 x1077

**Golden Rule Services** 916-427-4653

**Harm Reduction Services** 916-456-4849

**One Community Health** 916-443-3299  
Direct HIV Service Line: 916-842-5185

### Sacramento Sexual Health Clinic

916-875-1551

### Sierra Foothills AIDS Foundation

\*\*\*\* El Dorado and Placer Counties only \*\*\*\*  
Main number: 530-889-2437

**Sunburst Projects** 916-440-0889

**UC Davis Medical Center Pediatric Infectious Disease** 916-734-1873

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential