

A publication of the Affected Communities Committee of the HIV Health Services Planning Council
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"My Test, My Way"



June 27th is observed as the National HIV Testing Day, initially sponsored by the National Association of People with AIDS in 1995. Each year, the theme of the event differs; yet, the day is observed to increase awareness and encourage people to get tested for HIV, know their status, and get linked to care and treatment. Although the pandemic has created challenges for many health care organizations to offer the traditional in-person HIV screening and testing, many health care agencies across the states are offering innovative approaches to HIV testing via home, mail, and door-to-door visits. Thus, this year the National HIV Testing Day theme is "My Test, My Way," illuminating the various testing options and encouraging people to choose their testing preference. To help promote National HIV Testing Day, the U.S. Department of Health and Human Services and the Centers for Disease Control and Prevention are asking community partners to add a tagline to their website or social media channels.

Examples:

- My Test, My Way – My contribution to Ending the HIV Epidemic in the U.S.
 - My Test, My Way – Take Pride by taking the test
 - My Test, My Way – We can be the generation to end the HIV epidemic
 - My Test, My Way – If we all get tested, we can stop HIV together
 - My Test, My Way – No matter your test result, there are options to help you stay healthy
- #HIVTestingDay

The aim of ending the HIV epidemic starts with testing; diagnosing all people with HIV as early as possible (U.S. Department of Health & Human Services, n.d.). For more information on how to obtain free HIV self-testing kits, please contact <https://takemehome.org/>.

For questions or provider education on the prevention, treatment, and care of those at-risk or living with HIV, please contact the Central Valley and Northern Interior AIDS Education & Training Center

Email: aetc@ucdavis.edu

Phone: 916-734-3365

References: U.S. Department of Health & Human Services. (n.d.) National HIV Testing Day theme announcement.

<https://www.hiv.gov/blog/national-hiv-testing-day-theme-announcement>

What is Partner Services?

Partner Services provides an array of free services to people with HIV or other sexually transmitted diseases (STDs, such as syphilis, gonorrhea, and chlamydia) and their partners. Partner Services is a function of local and state health department staff, who help to identify and locate sexual or drug injection partners to inform them of their risk for HIV and to provide them with testing, counseling, and referrals for other services.

If your results are positive for HIV or sexually transmitted diseases (STDs), seek medical care, even if you don't feel sick. Prompt medical care is the best way to stay healthy. You will also need to notify your sexual or needle-sharing partners. Partner Services is a program offered to people with HIV or other sexual transmitted diseases to assist them with notifying their sexual or needle-sharing partners.

Which STDs Must Be Reported?

California State law requires many communicable diseases to be reported to the local health department. Among them are the following STDs:

- ◇ Gonorrhea
- ◇ Syphilis (infections, latent (early & late), late stages & congenital)
- ◇ Chlamydia
- ◇ Chancroid
- ◇ HIV/AIDS
- ◇ Viral Hepatitis (A, B, and C)
- ◇ Amebiasis
- ◇ Giardiasis
- ◇ Cryptosporidiosis

Is Reporting of STDs Confidential?

Yes, all reports are handled as confidential.

What Assistance Is Available for Partner Notification?

Persons who are diagnosed with a STD are encouraged to notify their partners and refer them for evaluation and treatment. This is often easier said than done. However, the person with the infection is the only one who is truly knowledgeable about who has been exposed.

Partner Services:

County of Sacramento - 916-875-1100

One Community Health - 916-443-3299

Yolo County - 530-666-8670

El Dorado and Placer Counties: Sierra Foothills AIDS Foundation 530-889-2437

Or visit www.tellyourpartner.org for partner notification services.

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.
Call 916-443-3299 to make an appointment or for more information.
No one will be turned away if they are unable to pay.

Free or Low-Cost STD/HIV/HCV Testing;
Contact the agency directly for dates, times and costs of testing
Golden Rule Services 916-427-4653
Harm Reduction Services 916-456-4849
Sacramento Sexual Health Clinic 916-875-1551

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One Community Health - 916-443-3299
Yolo County - 530-666-8670
El Dorado and Placer Counties:
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The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules
Committees may be canceled if there is no pressing business to conduct. Call 916-876-5548 to verify.
Presently, all in-person meetings have been cancelled due to COVID-19 and the meetings are being held by teleconference. The teleconference call-in information is on each committee agenda which can be found on the www.sacramento-tga.com website.

1st Monday of Every Month:
No meetings in July or Sept. **Affected Communities Committee:** 3:00—4:00 p.m. at
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

1st Tuesday of Every Month: **Quality Advisory Committee:** 2:00—3:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

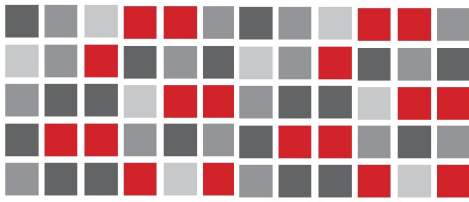
Quarterly on the 1st Tuesday of
March, June, Sept. and Dec. **Needs Assessment Committee:** 3:00—4:30 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

2nd Monday of Every Month:
Except October 2021 due to a holiday **Priorities and Allocations Committee:** 10—12:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

2nd Thursday of Every Month:
Except November 2021 due to a holiday. Date to be determined. **Executive Committee:** 3:00—5:00 p.m. at the County of Sacramento
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

4th Wednesday of Every Month:
Combined Nov/Dec on 12/8/21 **HIV Health Services Planning Council:** 10—12 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



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The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Paula Gammell at 916-876-5548
www.sacramento-tga.com

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Month, except July and September, from 3—4 p.m., at Sacramento County Health Center
 4600 Broadway, Community Room 2020, Sacramento, 95820.

RYAN WHITE CARE ACT SERVICE PROVIDERS

CommuniCare Health Centers
 **** Yolo County Residents only ****
 916-403-2910 x1077

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

Nivano Physicians 916-407-2000

One Community Health 916-443-3299

Sacramento LGBT Center 916-442-0185

Sierra Foothills AIDS Foundation
 **** El Dorado and Placer Counties only ****
 Main number: 530-889-2437

Sunburst Projects 916-440-0889

Volunteers of America 916-451-1765

UC Davis Medical Center Pediatric Infectious Disease 916-734-1873

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Education/Risk Reduction
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential