

## Positive Advocate

Summer 2023

A publication of the Affected Communities Committee of the HIV Health Services Planning Council Paid for by the Sacramento TGA Part A Ryan White Grant Funds

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### **HIV Long Term Survivors Awareness Day**

June 5, 2023, is HIV Long Term Survivors Awareness Day. According to HIV.gov "First observed in 2014, it's a day to honor long-term survivors of HIV and raise awareness about their needs, issues, and journeys.

The 2022 theme is "Mobilize to Thrive: Prioritizing Quality of Life." This call to action encourages people to celebrate the strength and resiliencies of people living longest with HIV. It also serves to highlight current challenges, and create changes to help prioritize, and improve the quality of life for long-term survivors and older adults with HIV.

Visit the <u>HLTSAD website</u> for more information about the awareness day. This observance day is led by <u>LKA</u>, an organization that also created a safe space online to help individuals find peer support." (HIV.gov, 2023)

According to HLTSAD.org "HLTSAD is not a one-day event. We are carrying our campaign throughout the year into 2024. We are using Pride as an opportunity to raise awareness that leads to action." (HLTSAD.org, 2023)



#### Reference:

HIV Long-Term Survivors Awareness Day #HLTSAD | HIV.gov HIV Long-Term Survivors Awareness Day June 5 (hltsad.org)

## **National HIV Testing Day**



June 27, 2023 is National HIV Testing Day. According to cdc.gov "National HIV Testing Day (NHTD) is observed each year on June 27 to highlight the importance of HIV testing. This year, we're going beyond the test to emphasize the steps everyone can take once they know their HIV status. The NHTD theme for 2023 is "Take the Test & Take the Next Step." This theme emphasizes that knowing your HIV status helps you choose options to stay healthy.

HIV testing, including self-testing, is the pathway to engaging people in care to keep them healthy, regardless of their test result. People who receive a negative test result can take advantage of HIV prevention tools such as pre-exposure prophylaxis (PrEP), condoms, and other sexual health services such as vaccines and testing for sexually transmitted infections. People who receive a positive test result can rapidly start HIV treatment (antiretroviral therapy, or ART) to stay healthy." (cdc.gov, 2023)

Reference:

2023 National HIV Testing Day Theme | NCHHSTP | CDC

#### **Zero HIV Stigma Day**

July 21, 2023 is Zero HIV Stigma Day. According to HIV.gov "Zero HIV Stigma Day is July 21 and is a joint initiative of <a href="NAZ">NAZ</a> and <a href="IAPAC">IAPAC</a>, in collaboration with the **Global HIV Collaborative** and **Fast-Track Cities Institute**. <a href="HIV stigma">HIV stigma</a> refers to irrational or negative attitudes, behaviors, and judgments towards people living with or at risk of HIV.

Zero Stigma Day represents a movement to unite people, communities, and countries to help raise awareness about <u>HIV stigma and learn about ways to help stop it</u>. This observance is also in honor of Prudence Mabele, the first Black South African woman to publicly share her HIV status." (HIV.gov, 2023)



Reference:

Zero HIV Stigma Day #ZeroHIVStigmaDay | HIV.gov

#ZEROHIVSTIGMADAY

#### Southern HIV/AIDS Awareness Day



August 20, 2023, is Southern HIV/AIDS Awareness Day. Founded by the Southern AIDS Coalition "SHAAD is a day that individuals, communities, and organizations can unite to call attention to the disproportionate number of people living with HIV in the South. SHAAD is an opportunity to provide people in the South with HIV testing and linkage to HIV medical care if necessary, education on HIV prevention, including ways to stop HIV stigma, and other HIV-related care resources." (HIV.gov, 2023)

Reference:

Southern HIV/AIDS Awareness Day #SHAAD | HIV.gov

#### **Awareness Days**

June 5th is HIV Long-Term Survivors Awareness Day
June 27th is National HIV Testing Day
July 21st is Zero HIV Stigma Day
August 20th is Southern HIV/AIDS Awareness Day

## **ACC Community Conversations**

The Affected Communities Committee, ACC, a Committee of the HIV Health Services Planning Council, is once again, hosting Community Conversations related to the most current information on HIV. We look forward to seeing you there. All sessions will be held at the LGBT Center from 6 to 7pm with dinner provided. Please reach out to Zachary Basler at 415-299-7027 if you have questions. To register for an event please visit <a href="https://www.sacramento-tga.com">www.sacramento-tga.com</a>

**Upcoming Events:** 

July19: Ending the Epidemic

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.

Call 916-443-3299 to make an appointment or for more information.

No one will be turned away if they are unable to pay.

Sunburst Clinic:916-299-6810, SunburstClinic.org
Free confidential walk-in HIV/HCV/STD testing
Monday – Friday, 8 am – 6 pm in Arden Area.
PrEP Starter Pack issued same-day. PrEP-AP and ADAP enrollment or recertification

#### Free or Low-Cost STD/HIV/HCV Testing;

Contact the agency directly for dates, times and costs of testing Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

Sacramento Sexual Health Clinic 916-875-1551

#### **Partner Services:**

County of Sacramento - 916-875-1100

One Community Health - 916-443-3299

Sunburst Projects - 916-440-0889

Yolo County - 530-666-8670

El Dorado and Placer Counties:
Sierra Foothills AIDS Foundation 530-889-2437

The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules
Committees may be canceled if there is no pressing business to conduct.
Go to www.sacramento-tga.com for the most updated meeting schedule.

1st Monday of Even Months: February 5th, April 1st, June 5th, August 7th, October 2nd, and December 4th

**Affected Communities Committee**: 3:00—4:00 p.m. at Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

Quarterly on the 1st Tuesday of: March 5th, June 6th, Sept. 5th, and Dec. 5th

**Quality Advisory Committee**: 2:00—3:00 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

Quarterly on the 1st Tuesday of March 5th, June 6th, Sept. 5th, and Dec. 5th

**Needs Assessment Committee**: 3:00—4:30 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

1st Wednesday of the Months of: March 6th, May 1st, June 7th, Sept. 6th, and January 3rd **Priorities and Allocations Committee**: 9:00—11:00 a.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

2nd Thursday of the Months of: March 14th, May 9th, June 8th, Sept.14th, and January 11th **Executive Committee**: 3:00—5:00 p.m. at the County of Sacramento Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

4th Wednesday of Every Month: Combined Nov/Dec on 12/13/2023

**HIV Health Services Planning Council**: 10:00 a.m.—12:00 p.m. at the Sacramento County Health Center, 4600 Broadway, Sacramento, CA. Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



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The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Danielle Caravella at 916-875-6021

www.sacramento-tga.com

The Affected Communities Committee addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Even Months of the year, 3—4 p.m., at Sacramento County Health Center 4600 Broadway, Community Room 2020, Sacramento, 95820.

## RYAN WHITE CARE ACT SERVICE PROVIDERS

CommuniCare Health Centers

\*\*\*\* Yolo County Residents only \*\*\*\*
916-403-2910 x1077

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

One Community Health 916-443-3299 Direct HIV Service Line: 916-842-5185 Sunburst Projects 916-440-0889

**UC Davis Medical Center Pediatric Infectious Disease** 916-734-1873

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

Sacramento Sexual Health Clinic 916-875-1551

Sierra Foothills AIDS Foundation

\*\*\*\* El Dorado and Placer Counties only \*\*\*\*

Main number: 530-889-2437

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential