



Positive Advocate

Winter 2013

A publication of the Affected Communities Committee of the HIV Health Services Planning Council

Low Income Health Program (LIHP)

Sacramento County operates the Low Income Health Program (LIHP) in partnership with Molina Healthcare of California.

The LIHP offers health care coverage to low income childless adults (19-64 years of age) who are a county resident, U.S. citizen or meets five-year immigration requirements, and are not eligible for Medi-Cal. Sacramento has set the income requirements at 0-67% Federal Poverty Level.

If you have a low income and are seeking health services, you can pick up an application at the County of Sacramento's Primary Care Services, 4600 Broadway, Sacramento, CA 95820.

Upcoming Events:

2013 Upcoming events

- February 7 - National Black HIV/AIDS Awareness Day
- March 10th National Woman and Girls HIV/AIDS Awareness Day
- March 20th National Native American HIV/AIDS Awareness Day

Camp Sunburst 2012!

Since 1988 Camp Sunburst has been offering therapeutic programming to children and teens living with HIV/AIDS at no cost to the families. Campers between the ages of 6-18 and living with HIV, or live in a household with HIV to be eligible to attend Camp Sunburst. They must also be aware of the HIV diagnosis in order to attend camp.

This year Sunburst Projects was blessed to host 3 outstanding youth programs. We kicked off the summer in June with the very first annual *One Love Conference: West Coast* for young adults living with HIV. This four-day event was designed by and for 17-25 years olds living with the virus. Thirteen young people and five staff spent 4 days in workshops led by experts in the community. They spoke about legal rights, finance, nutrition, yoga, transitioning to adult care and so much more. Our young people found a safe place to discuss their hopes and fears for the future, relationships and disclosure, and the challenges they face living with the virus. The excitement generated at the conference continues as many of the participants are reaching some important goals as a result of the motivation and information provided at *One Love*. In October, for example, a small group of participants will be presenting a workshop on "Combating HIV-stigma in the Classroom" at the Teachers 4 Social Justice Conference in San Francisco!

Thirty campers between the ages of 6 and 12 and thirty volunteers celebrated the Fourth of July at Kids Camp this summer with a Carnival and night hike to view the fireworks over Livermore. At Camp Arroyo, our campers enjoyed pool time in the warmth of the rolling East Bay hills. Our programming also included horseback riding, basketball, music, improv, art, capture the flag, campfires and so much more! As always, the week ended with our famous show, Messengers of the Heart, where every camper gets a chance to express themselves through song, story, poem or dance. As usual, its was a fantastic show!

Our Teen Camp returned to Camp Cazadero this summer, where 37 teens between 13-18 years spent a whole week exploring the redwoods, gazing at the stars, and trying to stay cool in the pool! We were grateful for visiting graduate students that brought a therapeutic art activity and a specially designed sex education program for our campers. Teens got to explore their questions about healthy relationships, rock out at a totally awesome 80s dance, learn a new game called Ga-ga, perform a quilt ceremony and learn the history of HIV, do improv, learn to play the ukulele, and much, much more!

Thank you to all the volunteer, staff, funders, and community supporters-- and of course our incredible campers- for making this another great summer at Camp Sunburst!



CONDOMFINDER.ORG

Naked is one thing, unprotected is another.

CARES wants you to have a safe sexual experience. That's why we're giving away condoms—yes, for free—through a network of local organizations and friendly businesses.



Naked is one thing, unprotected is another.

CARES wants you to have a safe sexual experience. That's why they are giving away free condoms and lube—*yes, for free*—through a network of local organizations and friendly businesses on **CondomFinder.org**.

Why free condoms? Studies show condoms to be 95% effective in reducing the risk of HIV infection. Condoms are also effective in preventing the transmission of Sexually Transmitted Diseases (STDs). Through **CondomFinder.org**, CARES aims to increase condom availability and education in the Sacramento area. The goal is to reach one million free condoms given out every year.

CondomFinder.org was also developed so that organizations can register to receive free condoms and lube for free distribution. Organizations can choose to receive condoms on a monthly, quarterly, bi-annual, or annual basis. The condoms are shipped directly from the manufacturer to the organization within 5 business days. The organizations can also be listed on **CondomFinder.org**'s customized map which will let the Sacramento community know where they can stop by to pick up free condoms and lube.

If you would like to find free condoms/lube at a location near you -or- become a distributor, visit: **CondomFinder.org**

For any further questions, please contact Jon Benorden at 916-914-6246 or jbenorden@caresclinic.org



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The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Paula Gammell at 916-876-5548

www.sacramento-tga.com

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on affairs of the community. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

RYAN WHITE CARE ACT SERVICE PROVIDERS

CARES - all-in-one HIV medical care and support services
1500 21st Street, Sacramento, CA 95811
916.443.3299

CommuniCare - HIV medical care and support services
500-B Jefferson Blvd, Suite 195,
West Sacramento, CA 95605
916.403.2970 ****Yolo County Residents only ****

Harm Reduction Services - Medical case management,
Outreach and Testing
2800 Stockton Blvd, Sacramento, CA 95817
916.456.4849

Sierra Foothills AIDS Foundation - HIV/AIDS services
serving both El Dorado and Placer Counties
Main number: 530.889.2437
Placer County: 12183 Locksley Lane, Suite 205,
Auburn, CA 95602
El Dorado County: 550 Pleasant Valley Road, Suite 1C,
Diamond Springs, CA 95619

Strategies for Change - Medical case management and
substance abuse outpatient services.
4343 Williamsborough Drive, Sacramento, CA 95823
916.473.5764

Sunburst Projects - childcare, mental health, and
medical case management
1025 19th Street, Suite 1A, Sacramento, CA 95811
916.440.0889

The Effort - Medical case management, mental health
services, and substance abuse—detox services
• 1820 J Street, Sacramento, CA 95811 — 916.236.4700
• 8233 E. Stockton Blvd, Suite D, Sacramento, CA 95828
916.368.3080

UCDMC Pediatric Infectious Disease - HIV+ children
2516 Stockton Blvd, Ticon II, Sacramento, CA 95817
Phone: 916.734.7618