



Positive Advocate

Winter 2020/2021

A publication of the Affected Communities Committee of the HIV Health Services Planning Council
Paid for by the Sacramento TGA Part A Ryan White Grant Funds

"This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H89HA00048, HIV Emergency Relief Projects Grant, in a partial award amount of \$3,420,715. This information or content and conclusions are those of the author(s) and should not be construed as the official position or policy of nor should any endorsements be inferred by HRSA, HHS or the U.S. Government."

Sacramento Region: Let's Talk Meth

Let's Talk Meth – yes, we're talking about methamphetamine. The power of methamphetamine does not discriminate and lurks among all communities; however, when HIV and methamphetamine intersects, challenges arise, negatively impacting the treatment and care of people living with HIV/AIDS. Earlier studies in the 2000s (Semple et al., 2002; Potula & Persidsky, 2008) have shown a correlation between methamphetamine use and increased HIV risk; this trend remains consistent as we embark 2021 (Volkow, 2020). At the local level, the Sacramento County Methamphetamine Coalition, in partnership with the Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, recently launched the "[Let's Talk Meth](https://letstalkmeth.org/about/)" (<https://letstalkmeth.org/about/>) digital outreach campaign to increase community awareness, education, promote partnership and knowledge of the local substance abuse resources available to individuals in need of support and treatment (Sacramento County, 2020). To further highlight the impact of HIV and methamphetamine in the Sacramento region, the Central Valley and Northern Interior AIDS Education and Training Center will showcase an online four-part recorded training series in early December on the intersectionality of HIV, methamphetamine, and mental health. Please visit the following link to register and view the recorded webinars: <https://health.ucdavis.edu/internalmedicine/infectious/paetc.html>

For questions, please contact the
Central Valley and Northern Interior AIDS Education & Training Center Email: aetc@ucdavis.edu
Phone: 916-734-3365

The Central Valley AIDS Education and Training Center located at the University of California, Davis Medical Center was awarded a local CARES Foundation grant to provide a quarterly update on HIV-related topics. We hope the information presented will increase provider knowledge and offer best practice approaches to treating and caring for our HIV community members.

References

- Potula, R., & Persidsky, Y. (2008). Adding fuel to the fire: Methamphetamine enhances HIV infection. *The American Journal of Pathology*, 172(6), p. 1467-1470.
- Sacramento County. (2020). *Let's talk meth*. Retrieved on November 20, 2020, from <https://letstalkmeth.org/about/>
- Semple, S. J., Patterson, T. L., & Grant, I. (2002). Motivations associated with methamphetamine use among HIV men who have sex with men. *Journal of Substance Abuse Treatment*, 22(3), p. 149-156.
- Volkow, N. (2020). *Research at the intersection of HIV with substance use disorders amidst the COVID-19 pandemic*. National Institute on Drug Abuse. <https://www.drugabuse.gov/about-nida/noras-blog/2020/07/research-intersection-hiv-substance-use-disorders-amidst-covid-19-pandemic>

County of Sacramento System of Care for Substance Use Disorders: 916-874-9754
National Alliance on Mental Illness (NAMI) Helpline: 916-890-5467
Suicide Prevention and Crisis Services: 916-368-3111

What should you do if you get a call claiming there's a problem with your Social Security number or account?

(Excerpted from the Social Security website: <https://faq.ssa.gov/en-us/Topic/article/KA-10018>)

If there is a problem, Social Security will mail you a letter with your Social Security number. Generally, Social Security will only contact you if you have requested a call or have ongoing business with them. The latest scam trick of using robocalls or live callers has increased. Fraudsters pretend to be government employees and claim there is identity theft or another problem with one's Social Security number, account, or benefits.

Scammers may threaten arrest or other legal action, or may offer to increase benefits, protect assets, or resolve identity theft. They often demand payment via retail gift cards, wire transfers, pre-paid debit cards, internet currency, or mailing cash.

Social Security employees will never threaten you for information or promise a benefit in exchange for personal information or money. Social Security may call you in some situations, **but will never:**

- Threaten you.
- Suspend your Social Security number.
- Demand immediate payment from you.
- Require payment by cash, gift card, pre-paid debit card, internet currency, or wire transfer.
- Ask for gift card numbers over the phone or to wire or mail cash.

Don't be fooled! You should look out for:

- A caller saying there is a problem with your Social Security number or account.
- Any call asking you to pay a fine or debt with retail gift cards, wire transfers, pre-paid debit cards, internet currency, or by mailing cash.
- Scammers pretending they're from Social Security or another government agency. Caller ID or documents sent by email may look official but they are not.

How to protect yourself and your family!

If you receive a questionable call, hang up, and report the call to the Office of the Inspector General at 800-447-8477.

- Don't return unknown calls.
- Ask someone you trust for advice before making any large purchase or financial decision.
- Don't be embarrassed to report if you shared personal financial information or suffered a financial loss.
- Learn more at oig.ssa.gov/scam.
- Share this information with friends and family.

Learn more about fraud prevention and reporting at <https://www.ssa.gov/antifraudfacts/>.

Victim of Identity Theft?

IdentityTheft.gov is the federal government's one-stop resource for identity theft victims. The site provides streamlined checklists and sample letters to guide you through the recovery process.

Visit ftc.gov/idtheft for prevention tips and free resources.

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.
Call 916-443-3299 to make an appointment or for more information.
No one will be turned away if they are unable to pay.

Free or Low-Cost STD/HIV/HCV Testing;
Contact the agency directly for dates, times and costs of testing
Golden Rule Services 916-427-4653
Harm Reduction Services 916-456-4849
Sacramento Sexual Health Clinic 916-875-1551

Partner Services:

County of Sacramento - 916-875-1100
One Community Health - 916-443-3299
Yolo County - 530-666-8670
El Dorado and Placer Counties:
Sierra Foothills AIDS Foundation 530-889-2437

The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules
Committees may be canceled if there is no pressing business to conduct. Call 916-876-5548 to verify.
Presently, all in-person meetings have been cancelled due to COVID-19 and the meetings are being held by teleconference. The teleconference call-in information is on each committee agenda which can be found on the www.sacramento-tga.com website.

1st Monday of Every Month:
No meetings in July or Sept.
Affected Communities Committee: 3:00—4:00 p.m. at
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Quarterly on the 1st Tuesday of
March, June, Sept. and Dec.
Prevention Committee: 1:00—2:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

1st Tuesday of Every Month:
Quality Advisory Committee: 2:00—3:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Quarterly on the 1st Tuesday of
March, June, Sept. and Dec.
Needs Assessment Committee: 3:00—4:30 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

2nd Monday of Every Month:
Except October 2021 due to a holiday
Priorities and Allocations Committee: 10—12:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

2nd Thursday of Every Month:
Except November 2021 due to a holiday. Date to be determined.
Executive Committee: 3:00—5:00 p.m. at the County of Sacramento
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

4th Wednesday of Every Month:
Combined Nov/Dec on 12/8/21
HIV Health Services Planning Council: 10—12 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



Back Page



The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: Paula Gammell at 916-876-5548
www.sacramento-tga.com

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Month, except July and September, from 3—4 p.m., at Sacramento County Health Center
 4600 Broadway, Community Room 2020, Sacramento, 95820.

RYAN WHITE CARE ACT SERVICE PROVIDERS

CommuniCare Health Centers
 **** Yolo County Residents only ****
 916-403-2910 x1077

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

Nivano Physicians 916-407-2000

One Community Health 916-443-3299

Sacramento LGBT Center 916-442-0185

Sierra Foothills AIDS Foundation
 **** El Dorado and Placer Counties only ****
 Main number: 530-889-2437

Sunburst Projects 916-440-0889

Volunteers of America 916-451-1765

UC Davis Medical Center Pediatric Infectious Disease 916-734-1873

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Education/Risk Reduction
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential